High Time Baby

拍數: 64   **牆數:** 2   **級數:** Intermediate

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音樂: High Time - Nickelback

Sect 1 KICK, FLICK, KICK, FLICK, STOMP UP, KICK BALL STOMP UP
1 – 2	Kick R forward – Jump on R and flick L
3 – 4	Kick L forward – Jump on L and flick R
5 – 6	Stomp up R next to L – Kick R forward
7 – 8	Step on R next to L – Stomp up L next to R

Sect 2 KICK, FLICK, KICK, FLICK, STOMP UP, KICK BALL STOMP UP
1 – 2	Kick L forward – Jump on L and flick R
3 – 4	Kick forward R – Jump on R and flick L
5 – 6	Stomp up L next to R – Kick L forward
7 – 8	Step on L next to R – Stomp up R next to L

Restart in 8th wall

Sect 3 GRAPEVINE, SCUFF, ¼ GRAPEVINE TURN, SCUFF
1 – 2	Side step R – Cross L behind R
3 – 4	Side step R – Scuff L next to R
5 – 6	Side step L – Cross R behind L
7 – 8	¼ Turn left and step forward L – Scuff R next to L

Sect 4 JUMPING JAZZ BOX, HITCH, STOMP UP, STOMP, SCUFF
1 – 2	Cross R in front of L – Kick forward R
3 – 4	Kick forward L – Cross L in front of R
5 – 6	Jump on R and hitch L – Stomp up L next to R
7 – 8	Stomp L forward – Scuff R next to L

Sect 5 LOCK STEP, SCUFF, LOCK STEP, SCUFF
1 – 2	Step forward R – Lock L behind R
3 – 4	Step forward R – Scuff L next to R
5 – 6	Step forward L – Lock R behind L
7 – 8	Step forward L – Scuff R next to L

Sect 6 ROCK, RECOVER, ½ TURN, HOLD, FULL TURN, STEP, HOLD
1 – 2	Rock step forward R – Recover L
3 – 4	½ Turn right and step forward R - Hold
5 – 6	½ Turn right and step back L – ½ Turn right and step forward R
7 – 8	Step forward L – Hold

Sect 7 ROCK, RECOVER, ¼ TURN, HOLD, CROSS ROCK, RECOVER, SIDE STEP, HOLD
1 – 2	Rock step forward R – Recover L
3 – 4	¼ Turn right and step side R - Hold
5 – 6	Cross rock step L in front of R – Recover R
7 – 8	Side Step L – Hold

Sect 8 JUMPING BACK ROCK, RECOVER, STOMP UP, JUMPING BACK ROCK, RECOVER, 2X STOMP UP, HOLD
1 – 2	Jumping diagonal back rock R to right – Recover L
3 – 4	Stomp up R next to L – Jumping diagonal back rock R to right

| 5 – 6 | Recover R – Stomp up R next to L |
| 7 – 8 | Stomp up R next to L – Hold |