

Beautiful Life 2024

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Bill Baron (USA), Shirley Bang (MY), Sophia KSF (MY), Christina Yang (KOR) & Anthony (INA) - May 2024
音樂: Beautiful Life (Mike Ross Definitive Radio Mix) - Ace of Base



Start dancing after 32 counts (quick beats) since the music has begun

OPTIONAL OPENING: 32 Counts

I. VINE TO RIGHT – CLOSED TOUCH – SIDE – TOUCH BEHIND – SIDE – TOUCH BEHIND

- 1-2 Rf step to right side(1), Lf crossed behind Rf(2)
- 3-4 Rf step to right side(3), Lf touch on ball closed next to Rf(4)
- 5-6 Lf step to left side(5), Rf touched on ball behind Lf(6)
- 7-8 Rf step to right side(7), Lf touched on ball behind Rf(8)

II. VINE TO LEFT – CLOSED TOUCH – SIDE – TOUCH BEHIND – SIDE – TOUCH BEHIND

- 1-2 Lf step to left side(1), Rf crossed behind Lf(2)
- 3-4 Lf step to left side(3), Rf touch on ball closed next to Lf(4)
- 5-6 Rf step to right side(5), Lf crossed on ball behind Rf(6)
- 7-8 Lf step to left side(7), Rf crossed on ball behind Lf(8)

III. STOMP TO RIGHT – HEEL TAPS – STEP DOWN – STOMP TO LEFT – HEEL TAPS – STEP DOWN

- 1 Rf stomp to right side(1)
- 2-4 lift Rf heel then step down(2), lift Rf heel then step down(3), lift Rf heel then step down while changing weight to R leg(4)

(NOTE: Arm Action)

- 1-4 R arm is pointing and make a rainbow curved shape from right to left for 4(four) counts (1-4))
- 5 Lf stomp to left side(5)
- 6-8 lift Lf heel then step down(6), lift Lf heel then step down(7), lift Lf heel then step down while changing weight to L leg(8)

(NOTE: Arm Action)

- 5-8 R arm is pointing and make a rainbow curved shape from left to right for 4(four) counts (5-8))

IV. WALK AROUND WITH WAVING ARMS

- 1-8 Walk around forward in a circle while waving both arms above the head for 8(eight) counts(1-8)

MAIN DANCE: 32 Counts

I. SIDE – CLOSED TOUCH – SIDE – CLOSED TOUCH – ROCKING CHAIR

- 1-2 Rf step to right side(1), Lf touch closed next to Rf(2)
- 3-4 Lf step to left side(3), Rf touch closed next to Lf(4)
- 5-6 Rf step forward(5), recover to Lf(6)
- 7-8 Rf step backward(7), recover to Lf(8)

II. CROSS – SIDE TOUCH – CROSS – SIDE TOUCH – CHARLESTON

- 1-2 Rf cross over Lf(1), Lf touch to left side on toe(2)
- 3-4 Lf cross over Rf(3), Rf touch to right side on toe(4)
- 5-6 Rf touch forward on toe(5), RLf step backward(6)
- 7-8 Lf touch backward on toe(7), Lf step forward(8)

III. MONTEREY TO QUARTER TO RIGHT – FORWARD MAMBO TURN – TOE SWITCHES

- 1-2 Rf touch to right side on toe(1), turn ¼ to right(03.00) then Rf step closed next to Lf(2)

3-4 Lf touch to left side on toe(3), Lf step closed next to Rf(4)
5&6 Rf step forward(5), recover to Lf(&), turn ½ to right(09.00) then Rf step forward(6)
7&8 Lf touch to left side on toe(7), Lf step closed next to Rf(&), Rf touch to right side on toe(8)

IV. FORWARD ROCK – BACKWARD SHUFFLE – BACKWARD ROCK – FORWARD SHUFFLE

1-2 Rf step forward(1), recover to Lf(2)
3&4 Rf step backward(3), Lf step closed next to Rf on ball(&), Rf step backward(4)
5-6 Lf step backward(5), recover to Rf(6)
7&8 Lf step forward(7), Rf step closed next to Lf on ball(&), Lf step forward(8)

RESTART:

On wall 3, dance normally the **MAIN DANCE Part** from count 1 (Section 1) to count 16 (Section 2, count 8) then **RESTART** the dance into the next Wall.

ENJOY THE DANCE
