

# Skin

**COPPER** KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Phrased High Improver  
編舞者: Ellen Fyrand (NOR) - May 2024  
音樂: Skin - Rag'n'Bone Man



4 restarts

Dance Pattern: A 32 C - B 16 C - A 32 C - A 16 C - B 8 C - A 32 C - B 16 C - A 32 C - A 32 C - A 16 C - A 32 C - A 16 C - B 16 C

Intro: 32 Counts

## Part A 32 Counts

### Sec 1: R Dorothy Steps, L Dorothy Steps, FW Rock Step, Shuffle 1/2 Turn R

- 1-2&      on R Diagonal Step FW on RF (1), Lock LF Behind (2), Step FW on RF (&) [1:30]
- 3-4&      on L Diagonal Step FW on LF (3), Lock RF Behind (4), Step FW on LF (&) [10:30]
- 5-6      Rock FW on RF (5), Recover to LF (6) [12:00]
- 7&8      1/4 Turn R and Step RF to Side (7), Step LF Beside (&), 1/4 Turn R and Step FW on RF (8) [6:00]

### Sec 2: L FW Rock Step, Shuffle 1/2 Turn L, Monterey Full Turn R

- 1-2      Rock FW on LF (1), Recover to RF (2)
- 3&4      1/4 Turn L and Step LF to Side (3), Step RF Beside (&), 1/4 Turn L and Step FW on LF (4) [12:00]
- 5-6      Point RF to Side (5), Full Turn R and Step RF Beside LF (6)
- 7-8      Point LF to Side (7), Cross LF Slightly in Front (8)

\*Restart here on Wall 4 [12:00] - 10 [12:00] - 12 [6:00]

\*\*Easy option/without the Turn: Point RF to Side (5), Close (6), Point LF to Side (7), Cross slightly in Front( 8)

### Sec 3: Side, Behind, Chassé, Cross Rock, 1/4 Turn L, 1/4 Turn L, Cross

- 1-2      Step RF to Side (1), Cross LF Behind (2)
- 3&4      Step RF to Side (3), Step LF Beside (&), Step RF to Side (4)
- 5-6      Cross Rock LF in Front (5), Recover to RF (6)
- 7&      1/4 Turn L and Step FW on LF (7) [9:00], 1/8 Turn L and Step FW on RF (&) [7:30]
- 8      1/8 Turn L and Cross LF in Front (8) [6:00]

### Sec 4: Side, Behind, Chassé, Cross Rock, Chassé

- 1-2      Step RF to Side (1), Cross LF Behind (2)
- 3&4      Step RF to Side (3), Step LF Beside (&), Step RF to Side (4)
- 5-6      Cross Rock LF in Front (5), Recover to RF (6)
- 7&8      Step LF to Side (7), Step RF Beside (&), Step LF to Side (8)

## Part B 16 Counts

### Sec 1: Side, Back Rock, Cross in Front, Side, Behind, 1/4 Turn L, Pivot 1/4 Turn L, Cross Shuffle

- 1-2&      Step RF to Side (1), Rock Back on LF (2), Cross RF in Front (&)
- 3-4&      Step LF to Side (3), Cross RF Behind (4), 1/4 Turn L and Step FW on LF (&)
- 5-6      Step FW on RF (5), 1/4 Turn L and Recover Weight to LF (6)
- 7&8      Cross RF in Front (7), Step LF to Side (&), Cross RF in Front (8)

\* Restart here on Wall 5, With Step Change: Cross RF in Front (7), Step LF to Side (8) [6:00]

### Sec 2: Side, Back Rock, Cross in Front, Side, Behind, 1/4 Turn R, Pivot 1/4 Turn R, Cross Shuffle

- 1-2&      Step LF to Side (1), Rock Back on RF (2), Cross LF in Front (&)
- 3-4&      Step RF to Side (3), Cross LF Behind (4), 1/4 Turn R and Step FW on RF (&)

5-6 Step FW on LF (5), 1/4 Turn R and Recover Weight to RF (6)  
7&8 Cross LF in Front (7), Step RF to Side (&), Cross LF in Front (8)

**Ending: The Dance ends on Back Wall with LF Crossed in Front, so just make 1/2 Turn R to face the Front Wall**

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