She Wants a Ring



拍數: 24 牆數: 4 級數: Improver

編舞者: Maddison Glover (AUS) - May 2024 音樂: She Wants a Ring - Dan Marshall



Intro: 24 counts. Begin on the word "house".

Side Toe-Heel, Cross Toe-Heel, Side Rock, Recover, Back Rock, Recover, Side Toe-Heel, Cross Toe-Heel, Side Rock, Recover, Cross, Hold

1& Touch R toe out to R side, lower R heel to floor2& Touch L toe across R, lower L heel to floor (Restart 2)

Rock R out to R side, recover weight onto L, rock R slightly behind L, recover weight onto L

Touch R toe out to R side, lower R heel to floorTouch L toe across R, lower L heel to floor

7&8 Rock R out to R side, recover weight onto L, cross R over L, hold

Vine ¼, Pivot ½, Forward, Run Forward x3 (or Full Turn Forward), Walk Forward x2

1&2 Step L to L side, cross R behind, turn ¼ L stepping L fwd (9:00)

3&4 Step R fwd, pivot ½ turn over L (weight on L) (3:00), step R fwd (open body slightly L if

preparing for the optional full turn)

5&6& Run fwd stepping L, R L

7,8 Step R fwd, step L fwd (Restart 1)

Alternate option for counts 5&6: Complete full turn travelling fwd over R stepping L, R, L

Rock Forward, Recover, Side Rock, Recover, Behind, Side, Cross, Hold, Side, Touch, Side, Touch, Stomp, Fan Heel, Fan Toes, Hitch

1&2& Rock R fwd, recover weight back onto L, rock R out to R side, recover weight onto L

3&4& Cross R behind L, step L to L side, cross R over L, hold

5&6& Step L to L side, touch R together, step R to R side, touch L together

7&8& Stomp L to L side, fan R heel in, fan R toes in, slightly hitch R knee up (R heel should collect

inside of L ankle).

Restart 1: You will start the third wall facing 6:00. Dance up to count 16 and restart the dance facing 9:00.

Restart 2: You will start the fifth wall facing 12:00. Dance up to count 2& and restart the dance facing 12:00.

Ending: During the tenth sequence, you will start the dance facing 12:00. Dance to count 15 then STOMP L fwd to 12:00 as you place both hands out to the side at hip height. Ta-Da!

Thank you to my Dad, Tom Glover, for sending me the music.

Notes: There could have been a third restart but I decided not to include it as it was towards the end of the track. I also made the decision not to start the dance immediately so instructors didn't have to rush to the stage or have to edit the track by adding an introduction. You're welcome.

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