

# Tearin' Up My Heart

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Gita Achmad (INA) - March 2024  
音樂: Tearin' Up My Heart - \*NSYNC



Start Dance after 16 Count After vocal Intro

#Restart on Wall 4 after 16 Count

## Section 1 : Jazz Box Forward - Bart Simpson (R L )

- 1 – 2      Step RF over LF, Step LF backward
- 3 – 4      Step RF Beside LF, Step LF forward
- 5 – 6      Slide RF to right with elbow bent to L knee bent to R, close together with arm in L shape
- 7 – 8      Slide LF to left with elbow bent to R knee bent to L, close together with arm in L shape

## Section 2 : Roger Rabbit (R L) - Walk Forward

- & 1 & 2      Swing RF back, Rock R back and hitching L, Rock L forward, Rock R back and hitching L
- & 3 & 4      Swing LF back, Rock L back and hitching R, Rock R forward, Rock L back and hitching R
- 5 – 6      Step R forward , step L forward
- 7 – 8      Step R Forward, step L Forward

## Section 3 : Two step ( R L ) - Bobby Brown ( R L )

- 1 – 2      Step RF to R , Close LF to RF
- 3 – 4      Step LF to L, Close RF to LF
- 5 & 6      Jump with both feet open to R , rock body backward, push RH to L with closed hand
- 7 & 8      Jump with both feet open to L , rock body backward, push LH to R with closed hand

## Section 4 : Two step , Rock, Pivot ¼ turn, Pivot ½ turn

- 1 – 2      Step RF to R - Close LF to RF
- &3&4      Rock body backward, rock body forward, rock body backward, rock body forward
- 5 – 6      Step RF forward, turn 1/ 4 to L (9.00)
- 7 – 8      Step RF Forward, turn ½ to L ( 3.00)

Last Update - 7 May 2024 - R2