Dance When You Get The Chance!

級數: Improver

編舞者: Deb Wookey (AUS) - May 2024

拍數: 32

音樂: Some Days You Gotta Dance - Keith Urban & The Ranch

Intro - Start	on lyrics
[1 – 8] Heel Hook Step, Heel Hook ¼ Step, Full Turn Chase, Shuffle back	
1&2	R Heel out in R diagonal, Hook R Heel across body, step R down in front.
3&4	L Heel out in L diagonal, Hook L heel across body, step L down ¼ to the left.
5&6	Step R fwd, make ½ turn over L (weight on L) & ½ turn over L (weight on R)
7&8	Shuffle back, stepping L,R,L
[9 – 16] Coa	ster Step, Shuffle fwd, Step ¼ pivot, Step ¼ pivot.
9&10	Step R back, bring L beside R, Step R fwd.
11&12	Shuffle fwd, LRL
13-14	Step R fwd, pivot ¼ L, (take weight onto L) (you can roll your hips here)
15–16	Step R fwd, pivot $\frac{1}{4}$ L. (take weight onto L) (you can roll your hips here)
[17 – 24] Ro	ck recover Half Turn Step, Rock recover ¼ turn Step, 2 x vaudevilles.
17&18	Step R fwd, recover weight onto L turn $\frac{1}{2}$ to R stepping on to R.
19&20	Step L fwd, recover weight onto R turn ¼ to L stepping on to L.
21&22&	Cross R over L, Step L to side, place R heel out to R diagonal, step R next to L.
23&24&	Cross L over R, step R to side, place L heel out to L diagonal, step L next to R. Restart here Walls 4 & 5
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[25 – 32] Mambo fwd, coaster step, stomp stomp step, stomp stomp step.

Step R forward, recover weight onto L, Step R back. 25&26

- 27&28 Step L back, bring R beside L, Step L fwd. Restart here Wall 2
- 29&30 Stomp R twice, then step R fwd
- 31&32 Stomp L twice, then step L fwd
- Restarts Walls 2, 4 & 5
- Restart Wall 2 After Count 28
- Restart Wall 4 After Count 24
- Restart Wall 5 After Count 24

Ending Wall 7 – 1st 4 counts, then R rock recover ½ step, rock recover ¼ step.

- R Heel out in R diagonal, Hook R Heel across body, step R down in front. 1&2
- 3&4 L Heel out in L diagonal, Hook L heel across body, step L down 1/4 to the left.
- Step R fwd, recover weight onto L turn 1/2 to R stepping on to R. 5&6
- 7&8 Step L fwd, recover weight onto R turn 1/4 to L stepping on to L.

Enjoy

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