No Shoes, No Shirt, No Problems



拍數: 48 牆數: 4 級數: Improver

編舞者: Alida Ho (NZ) - May 2024

音樂: No Shoes, No Shirt, No Problems - Kenny Chesney



Introduction: There is a long instrumental Introduction of about 51 counts. Start on the vocals "I've been up to my neck".......

SEC.1 STEP LOCK STEP SCUFF, STEP LOCK STEP, TOUCH RF

1,2,3,4, Step forward on RF, lock LF behind RF, step forward on RF, scuff LF,

5,6,7,8 Step forward on LF, lock RF behind LF, step forward on LF, touch RF beside LF.

SEC.2 SIDE ROCK RECOVER, 1/4 TURN RIGHT SAILOR STEP, SIDE TOGETHER, FORWARD SHUFFLE

1,2,3&4 Step to side on RF, recover on LF, turning ¼ right, sweep RF behind LF rock to side with LF,

recover to RF,

5,6,7&8 Step LF to side, together, step forward on LF, together, step forward on LF. (3)

SEC.3 CROSS ROCK RECOVER, SIDE ROCK RECOVER, WEAVE, POINT LF

1,2,3,4 Cross RF over LF, recover on LF, step right on RF, recover on LF,

5,6,7,8 Step RF across LF, step to side on LF, step RF behind LF, point LF to side.

SEC.4 STEP, POINT, CROSS SAMBA, ROCK RECOVER, SHUFFLE HALF TURN LEFT

1,2,3&4 Step LF forward, point RF out to side, cross RF over LF, rock LF to side, recover,

5,6,7&8 Rock forward on LF, recover on RF, shuffle ½ turn left (LRL). (9)

SEC.5 WEAVE, ROCKING CHAIR

1,2,3&4 Cross RF over LF, step to side with LF, step RF behind LF, step to side with LF, step RF

forward.

5,6,7,8 Step forward with LF, recover with RF, step back on LF, recover on RF.

SEC.6 CROSS, SIDE, BEHIND, 1/4, STEP 1/4, STEP, TOUCH

1,2,3,4 Step LF over RF, step RF to side, step LF behind RF, turn ¼ right on RF, 5,6,7,8 Step forward on LF, turn another ¼ right, step forward on LF, touch RF. (3)

FINISH: The song starts to fade out on Wall 7, Section 2, facing 6.00. Do a ½ turn right sailor to face the front, then walk LF, touch RF.