

# Mixed Emotions

**COPPER** KNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數:  
編舞者: Bryan Sabo (USA) - April 2024  
音樂: High Heels - Party Down Under - Flo Rida, Walker Hayes & Sam Feldt



Tag on wall 3

\*\*\*Dance starts on the lyric "Parties" in first chorus\*\*\*

## [1-8] Sailor Steps x4 starting with weight on RF

1&2      Step LF behind RF, Shift weight to RF, step LF next to RF  
3&4      Step RF behind LF, Shift weight to LF, step RF next to LF  
5&6      Step LF behind RF, Shift weight to RF, step LF next to RF  
7&8      Step RF behind LF, Shift weight to LF, step RF next to LF

## [9-16] Rock recover, 3/4 spin, body roll, shuffle back, hitch

9-10      Rock LF behind RF, shift weight back to RF  
11-12      Spin  $\frac{3}{4}$  turn R landing forward on LF and starting body roll  
13&14      Finish body roll ending weight back on RF, Touch LF to RF, Step RF back  
15-16      Hitch LF, Step LF forward

## [17-24] 1 $\frac{1}{4}$ turn L, Slide touch, step turn

17-20      1  $\frac{1}{4}$  turn L while stepping RF, LF, Slide out on RF, Touch LF to RF  
21-24      Step LF  $\frac{1}{4}$  turn L, Step RF forward,  $\frac{1}{2}$  turn L, Step RF forward

## [25-32] Paddle $\frac{1}{2}$ turn R, R coaster step, step, kick, walk back

25-26      Step LF forward pushing  $\frac{1}{2}$  turn R, Land back on LF  
27&28      Step back on RF, Step LF next to RF, Step RF forward  
29-32      Step LF forward, Kick RF, Step RF back, Step LF back

## [33-40] Backwards camel walk, R sailor step, L sailor step

33-34      Step RF back while popping L knee, Step LF back while popping R knee  
35-36      Step RF back while popping L knee, Step LF back while popping R knee  
37&38      Step RF behind LF, Shift weight to LF, Step RF next to LF  
39&40      Step LF behind RF, Shift weight to RF, Step LF to L making  $\frac{1}{4}$  turn L

## [41-48] Step shuffle, Rock recover, $\frac{1}{4}$ turn R, Weight shifts

41,42 & 43      Step RF forward, Shuffle forward L, R, L  
44-45      Step Rf forward, Recover weight on LF  
46-48       $\frac{1}{4}$  turn R stepping RF to side, Shift weight to LF, Shift weight back to RF

\*\*\*Tag Wall 3\*\*\*

## [1-4] Cross Unwind at end of Wall 3

1-4      Step LF next to RF, Cross RF over LF, Full turn L, End with weight on RF