

Some Kind Of Friend

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Maria Tao (USA) - May 2024
音樂: Some Kind of Friend - Barry Manilow : (Greatest Hits Vol. #1)



Intro: 64 Counts

Note: 1 Restart on WALL 6

[S1] OUT, OUT, BACK, CROSS, 1/4 TURN L, SIDE, SWIVEL HEELS (L-R)

1-4 Step R forward out to R, step L forward out to L, step R back, cross L over R
5-8 1/4 turn L stepping R back, step L to L, swivel both heels L, swivel both heels R while lifting R heel [9:00]

[S2] CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, BEHIND, 1/4 TURN L, TOUCH, FLICK

1-4 Cross rock R over L, recover onto L, rock R to R, recover onto L
5-8 Step R behind L, 1/4 turn L stepping L forward, touch R to R, flick R behind L [6:00]

*** Restart here on WALL 6 (facing 12:00) ***

[S3] DIAGONALLY BUMP HIPS FWD, BUMP BACK, DIAGONALLY BUMP HIPS BACK, BUMP FWD, STEP FWD, PIVOT 1/4 TURN L, STOMP FWD (R-L)

1-2 Step R diagonally forward bumping hips forward (facing L diagonal), bump hips back
3-4 Step R diagonally back bumping hips back (facing R diagonal), bump hips forward
5-8 Step R forward, pivot 1/4 turn L, stomp R forward, stomp L beside R [3:00]

[S4] SWIVEL 1/4 TURN L, STEP BACK, TOUCH BACK, UNWIND 1/2 TURN R, FWD LOCK STEP, SCUFF

1-2 Swivel 1/4 turn L on balls of both feet, step L back [12:00]
3-4 Touch R toe back, unwind 1/2 turn R (weight ends on R) [6:00]
5-8 Step L forward, lock R behind L, step L forward, scuff R forward

START AGAIN!

RESTART: On WALL 6 - dance up count 16 - then restart the dance (facing 12:00)