Friday Night Cha Cha



拍數: 32 牆數: 4 級數: Improver – Cuban (Country)

編舞者: Sawaludin (INA) - May 2024 音樂: Neon Time - Blake Shelton



Intro: 32 Counts - No tag, No restart

I. WALK L-R-L, BACK LOCK SUFFLE, BACK ROCK, RECOVER, KICK DIAGONAL, SIDE, SIDE

1-3 Step L forward, step R forward, step L forward,4&5 Step R Back, Lock L over R, step R back

6-7 Rock Back on L, recover on R

8&1 Kick L to diagonal, step L to side, step R to side (Weight on L)

II. HIPS R-L, BEHIND, SIDE, CROSS, HIPS BUMP, BEHIND, SIDE, FORWARD

2-3 Hips to right – left,

4&5 cross R behind L, step L to side, cross R over L

6&7 touch L to side hips bumps L-R-L

8&1 cross L behind R, step R to side, step L forward

III. CHECK AND RONDE, COASTER STEP, FORWARD, 1/4 R, CROSS SHUFFLE

2-3 R check forward, change weight back to L and ronde on R

step R back, step L next to R, step R forward
step L forward, ¼ turn right step R in place
cross L over R, step R to side, cross L over R

IV. TOUCH & PUSH HIPS, BEHIND, SIDE, FORWARD, CHASE TURN

2-3 Touch R to side & push hip to R-L,

4&5 Cross R behind L, step L to side, step R forward 6-7 Step L forward, ½ turn right stepping R in place, 8& step L forward ½ Turn right stepping R in place,

Enjoy Your Dance

Contact Person

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