Hei Tjommie

級數: Improver

編舞者: Melichia Basson (SA) - September 2021

音樂: Vat 'n Bietjie - Riaan Benadé

Intro: 8 Counts, start the dance on the word "vat" Tag (10 counts): After Wall 2, 4 and 6 Restart during wall 3, after 24 counts

S1 Right Heel Forward, Hook, Heel Forward, Flick, Forward Shuffle, Hitch, Triple step back, Sailor Step with 1/4 turn Right

- 1&2& R heel forward, Hook R across L knee, R heel forward, Hitch R
- 3&4& Step R forward, Step L next to R, Step R forward, Hitch L
- 5&6 Step back L, Step back R, Step back L
- 7&8 Sweep R to back, with ¼ turn Right (3:00), step L next to R, Step R to right

S2 Samba Step, Samba Step, Cross Shuffle, Point Right to Right, Hitch, Point Right to Right

- 1&2 Step L across R, Step R to side, Recover L
- 3&4 Step R across L, Step L to side, Recover R
- 5&6 Step L across R, Step R to Right, Step L across R
- 7&8 Point R Toe to Right, Hitch R, Point R toe to Right

S3 Back Lock Right, Back Lock Left, Coaster Step, Tripple Step full turn Right

- 1&2 Step R back, Step L across R, Step R Back
- 3&4 Step L Back, Step R across L, Step L Back
- 5&6 Step R back, Step L next to R, Step R forward
- 7&8 ¹/₂ turn Right Step L back (9:00), ¹/₂ turn Right step R forward (3:00), Step L forward

S4 Mambo Forward, Mambo Back, Mambo Right, Mambo Left

- 1&2 Step R forward, Recover L, Step R back
- 3&4 Step L back, Recover R, Step L forward
- 5&6 Step R to Side, Recover L, Step R next to L
- 7&8 Step L to side, Recover R, Step L next to R

TAG: After Wall 2, 4,6

At the end of wall 2 (facing 06:00) and wall 4 (facing 12:00) and wall 6 (facing 06:00) add the following 10 count tag and begin the dance again:

Rumba box forward, Rumba box back, Step Right, Step Together

- 1&2& Step R to side, Step L next to R, Step R forward, Touch L next to R
- 3&4& Step L to side, Step R next to L, Step L Back, Touch R next to L
- 5&6& Step R to side, Step L next to R, Step R back, Touch L next to R
- 7&8& Step L to side, Step R next to L, Step L forward, Touch R next to L
- 1,2 Step R to side, Step L next to R

RESTART: During Wall 3, facing 9:00 after 24 counts



拍數: 32

牆數:4