## Have a Great Day



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Dustin Valcalda (USA) & Sierra Gil (USA) - June 2024 音樂: Good Day To Have A Great Day - Russell Dickerson



\*1st Place Winner at Heart of Texas 2025, Beginner/Improver Division.

Intro: 16 Counts – Weight starts left foot

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1-8  Hee	el Switches.	, Louch,	, Side Point,	Ball,	Heel Switches,	, I ouch	, Side Point,	Louch

1&2&	Touch R heel forward, Ball RF, Touch L heel forward, Ball LF (12:00)	

3&4& Touch R heel forward, touch RF next to LF, Point RF to R side, Step RF next to LF (12:00)

5&6& Touch L heel forward, Ball LF, Touch R heel forward, Ball RF (12:00)

7&8& Touch L heel forward, touch LF next to RF, Point LF to L side, Touch LF next to RF (12:00)

Note: If space permits, treat Heel Switches as Walking Heel Switches, adding slight forward movement

## [9-16] Step, Touch, Step, Touch, Side Triple Step, Step, Touch, Step, Touch, Side Triple Step

1&2&	Step LF to L side, Touch RF next to LF, Step RF to R side, Touch LF next to RF (12:00)
3&4&	Step LF to L side, Step RF next to LF, Step LF to L Side, Touch RF next to LF (12:00)
5&6&	Step RF to R side, Touch LF next to RF, Step LF to L side, Touch RF next to LF (12:00)
7&8&	Step RF to R side, Step LF next to RF, Step RF to R Side, Touch LF next to RF (12:00)

## [17-24] Cross Rock, 3/8 Triple Step, ½ Pivot Turn, Lock Step

1-2 Rock LF across RF, Recover weight onto RF

3&4 Step LF to L side w/ 1/8 turn L, Step RF next to LF w/ 1/8 turn L, Step LF to L side w/ 1/8 turn

L

5-6 Step RF forward, Pivot ½ turn over L shoulder

7-8 Step RF forward, Lock LF behind RF, Step RF forward

Styling Note: Add a body roll to the Cross Rock (1-2) for styling.

## [25-32] Step, Flick, Step, Coaster Step, Step, Lock, Step, Lock Hitch, Step

1&2 Step LF forward, Flick RF behind L leg w/ optional heel slap, Step RF back (3:00)

3&4 Step LF back, Step RF next to LF, Step LF forward (3:00)

5&6& Step RF diagonally forward R, Lock LF behind RF, Step RF diagonally forward R, Step LF

diagonally forward L (3:00)

7-8 Step RF behind LF while hitching L knee, Step LF forward (3:00)

Styling Note: Throw your hands up on count 7 during the hitch like you're having a great day!

Note: Hitch on count 7 can be replaced with a knee pop for simplicity.

Note: Step, Flick, Step (1&2) can be replaced with a basic Rock Step (1-2) for simplicity.

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