Sampul Surat

拍數: 32

級數: Beginner



音樂: Sampul Surat - NonaRia

NO TAG NO RESTART

Intro : 16 count, start dance approximately on 00:12

S1 CHARLESTON STEP WITH SWEEP 2X

- 1-2 Step L forward and sweep R from back to front, touch R forward and sweep R from front to back
- 3-4 Step R backward and sweep L from front to back, touch L backward and sweep L from back to front
- 5-6 Step L forward and sweep R from back to front, touch R forward and sweep R from front to back
- 7-8 Step R backward and sweep L from front to back, touch L backward

S2 MODIFIED GRAPEVINE WITH HEEL TOUCH (LR) - BEHIND - SIDE - CROSS - SIDE TOUCH WITH HIP BUMP UP DOWN UP

- 1&2& Step L to side, cross R behind L, step L to side, touch R heel diagonal forward to right
- 3&4& Step R to side, cross L behind R, step R to side, touch L heel diagonal forward to left
- 5&6 Cross L behind R, step R to side, cross L over R
- 7&8 Touch R to side with bump hip up, bump hip down, bump hip up

S3 BEHIND - SIDE - CROSS - ¼ TURN LEFT FORWARD SHUFFLE (LR) - FORWARD MAMBO

- 1&2 Cross R behind L, step L to side, cross R over L
- 3&4 ¹⁄₄ Turn left step L forward (09:00), close R together, step L forward
- 5&6 Step R forward, close L together, step R forward
- 7&8 Step L forward, step R in place, step L backward

S4 BACK MAMBO - ½ TURN RIGHT PIVOT - ¼ TURN RIGHT PIVOT - SWAY HIP TO LR

- 1&2 Step R backward, step L in place, step R forward
- 3-4 Step L forward, ½ turn right recover on R (03:00)
- 5-6 Step L forward, ¼ turn right recover on R (06:00)
- 7-8 Sway hip to L, sway hip to R

REPEAT

ENJOY THE DANCE

Email Address IIN Setiaji : saptri@yahoo.com





牆數:4