

Out Of My Soul

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Irene Argoputro (INA) - June 2024
音樂: Soul - Lee Brice



Intro Music : 16C

1 Restart on wall 4 after 16C with change step

S1. PASSES - BACK ROCK - KICK BALL SIDE POINT

1-2 L forward, ½ turn left step R back
3&4 Step L back, step R beside L, step L back
5-6 Step R back, recovered on L
7&8 R kick forward, step R beside L, L point to side

S2. FORWARD - SIDE POINT - FORWARD - RECOVERED - ¼ TURN - SWAY - ¼ TURN - FLICK - FORWARD MAMBO

1-2 Step L forward, R point to side
3&4 Step R forward, recover on L, ¼ turn right step R to side
5-6 Hip L to left, ¼ turn right step R in place with L heel up
7&8 Step L forward, recover on R, step L back with sweep from front to back

Restart in here with change step

7&8 Step L forward, recover on R, touch L beside R

S3. R BACK - L BACK - ANCHOR - FORWARD - ¾ TURN - CHASSE

1-2 Step R back with sweep from front to back, step L back with sweep from front to back
3&4 Step R back, recover on L, recover on R
5-6. Step L forward, ½ turn left step R back
7&8. ¼ turn left step L to side, step R beside L, step L to side

S4. JAZZBOX - FORWARD ROCK - COASTER STEP

1-2. Step R cross over L, step L back
3-4. Step R to side, step L close beside R
5-6. Step R forward, recover on L
7&8. Step R back, step L beside R, step R forward

Enjoy the dance

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