

I Can't

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jochen Heimann (DE) & Steffi Mahr (DE) - 26 May 2024
音樂: I Can't (feat. Old Dominion) - Caitlyn Smith



Intro: 16 Count Intro; Dance starts with the 4th word of the lyrics

[1-8] Side Drag Back Rock (2x), Side Behind 1/4 Turn (r), Step Pivot 1/2 Turn (l), Step Close (l-r)

- 1, 2 & Step on RF to the right, rock back on LF, recover forward on RF
- 3, 4 & Step on LF to the left, rock back on RF, recover forward on LF
- 5, 6 & Step on RF to the right, step on LF behind RF, step on RF with a 1/4 turn right
- 7 & 8 & Step on LF forward, pivot 1/2 turn over the right shoulder, step forward on LF, step on RF

[9-16] Step (l), Mambo 1/2 Turn (r), Full Turn Step (l-r-l), Step (r) 1/4 Turn Cross, Side Behind (l-r)

- 1, 2 & 3 Step on LF fwd, step on RF fwd, recover back on LF, step on RF with 1/2 turn over the right shoulder
- 4 & 5 1/2 turn LF, 1/2 turn RF, step forward with LF
- 6 & 7, 8 & Step on RF with a 1/4 turn to the left, step on LF to the left, step on RF crossing behind LF

[17-24] 1/4 Turn (l), Side Rock 1/4 Turn (r), Shuffle forward (r), Jazz Box Back (2x)

- 1, 2 & Step on LF to the left with a 1/4 turn, step on RF with a 1/4 turn to 6 o'clock
- 3 & 4 Step on RF fwd, step on LF next to RF, step on RF fwd
- 5 & 6 Step on LF crossing over RF, step back on RF, step on LF to the side
- 7 & 8 Step on RF crossing over LF, step back on LF, step on RF to the side

[25-32] Coaster Step (l), Run/Run/Run (r-l-r), Mambo 1/4 Turn (l), Schrittl Tap, Back Drag

- 1 & 2 Step back on LF, step on RF next to LF, step forward on LF
- 3 & 4 Step forward (3x) right-left-right
- 5 & 6 Step on LF fwd, recover back on RF with a 1/4 turn and weight back on LF
- 7 & 8 & Step forward on RF, tap LF next to RF, step back on LF, drag RF back

Tag, at the end of wall 2

- 1 & 2, 3 & 4 Coaster Step (r), Mambo 1/2 Turn (l) over the left shoulder
- 5 & 6, 7 & 8 & Step-Lock-Step (r-l-r), Mambo 1/2 Turn (l) over the left shoulder

Last Update: 1 Jul 2024