I'm So Cool (씨스타, K-Pop)

級數: Beginner

拍數: 32 編舞者: Nan Young Lee (KOR) - June 2024 音樂: So Cool - SISTAR

Note: No Tag, No Restart

Intro: 64 counts (Intro 32 + Intro Dance 32)

Intro Dance : 32 counts

Sec 1: (Vine, Touch)x(R, L)

- 1234 RF to R side, cross LF behind RF, RF to R side, touch LF beside RF
- LF to L side, cross RF behind LF, RF to L side, touch RF beside LF 5678

Sec 2: Walk(RLR), Kick, Walk back(LRL), Touch

- Walk fwd RF-LF-RF, Kick LF 1234
- 5678 Walk back LF-RF-LF, touch RF beside LF

S3-S4: 'SEC 3' is the same as 'SEC 1', 'SEC 4' is the same as 'SEC 2'

Main Dance : 32 counts

SEC 1: Side, Together, Chasse, Turn 1/4R-Side, Together, Chasse

- 123&4 RF to side, LF beside RF, RF to side, LF beside RF, RF to side
- 567&8 Turn ¼R LF to side, RF beside LF, LF to side, RF beside LF, LF to side (9:00)

SEC 2: (Touch, Touch, Sailor step) x (R, L)

- 12 Touch RF to fwd, Touch RF to R Diagonal
- 3&4 Cross RF behind LF, LF beside RF, Step RF to R side
- Touch LF to fwd, Touch LF to L Diagonal 56
- 7&8 Cross LF behind RF, RF beside LF, Step LF to L side

SEC 3: Cross fwd, Hitch, Weave, Touch, Shimmy

- Cross RF over LF, Hitch LF, Cross LF over RF, RF to R side 1234
- 5678 Cross LF behind RF, Touch RF to R side, Shimmy(weight LF)

SEC 4: Walk back(RLRL), Rolling Vine, Touch

- Walk back RF-LF-RF-LF 1234
- 5678 Turn ¼ L, turn ½ L, turn ¼ L (traveling L), Touch RF next to LF

Have a good time! \Box

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牆數: 4