# **Lonely Bieber**



拍數: 48 編數: Phrased Intermediate

編舞者: Chandrani Eilena Emmiyan (INA) - June 2024

音樂: Lonely - Justin Bieber & Benny Blanco



Thank you to Kak Nina, who has referred this beautiful song. Hopefully you love the dance  $\Box\Box$ 

Sequences: AAB-AAB-B

Intro: 16 Counts No Tag - No Restart

PHRASED A: 32c

## (1 – 8) SIDE STEP-SWAY (R L), 1/8 R RECOVER-HITCH, STEP DOWN, FULL TURN-SWEEP, 1/8 R COASTER STEP. ½ SWIVEL (WEIGHT ON R)

1-3 Step R to right side & sway, Recover onto L & sway, Turn 1/8 to right & recover onto R while

hitching on L (1.30)

4-5 Step down on L a little bit forward, Full turn to right (weight on L) while sweeping R from front

to back

Squaring to 3.00 & Step R back, Step L beside R, Step forward on R

Turn ½ to left (weight on R) bend R knee & lifting L toe off the floor (9.00)

# (9 – 16) SPIRAL TURN TO RIGHT-RONDE, STEP, STEP-SWEEP, ¼ DIAMOND, STEP, ¼ LEFT LEAN ON R (PREPARE TO TURN)

1-3 Recover onto L while fully turning to right & lifting R a little bit on the air make a ronde, Step

forward on R, Step forward on L while sweeping R from back to front

4&5 Cross R over L, Step L to left side, Turn 1/8 to right & step back on R (10.30)

Step back on L, Turn 1/8 to right & step R to right side (12.00), Turn 1/8 to right & step

forward on L (1.30)

8 Turn ¼ to left lean on R & prepare body to turn and see over left shoulder (10.30)

# (17 – 24) ¼ LEFT FORWARD, ½ LEFT-TOGETHER, BACK ROCK-RECOVER, 1/8 RIGHT STEP SIDE, BACK-SWEEP, BACK, ¼ RIGHT FORWARD, STEP-HITCH, STEP DOWN

1-3 Turn ¼ to left & step forward on L (7.30), Turn ½ to left & Step R beside L (1.30), Step back

on L

4&5 Recover onto L, Turn 1/8 to right & step L to left side (3.00), Step R behind L while sweeping

L from front to back

6&7-8 Step L behind R, Turn ¼ to right & step forward on R (6.00), Step forward on L while hitching

R. Put down on R a little bit forward

## (24 – 32) ¼ LEFT SIDE-SWAY (L R), BASIC NC, ¾ SPIRAL TURN LEFT, FORWARD SHUFFLE, RECOVER-TOGETHER

1-2 Turn ¼ to left step L to left side & sway (3.00), Recover onto R & sway

3-4& Big step to left side on L, Step R slightly behind L, Cross L over R

5 Turn ¼ to left step R back & continue turn ½ to left (weight on R) make a little hook on L

(6.00)

6&7 Step forward on L, Step R beside L, Step forward on L

8& Recover onto L, Step L beside R

#### PHRASED B: 16c

#### (1 – 8) GRAPE VINE TO LEFT (facing 12.00) POINT, ¼ RIGHT FORWARD, ¼ RIGHT TOGETHER, HOLD

1&2&3&4&5 Cross R over L, Step L to left side, Step R slightly behind L, Step L to left side, Cross R over

L, Step L to left side, Step R slightly behind L, Step L to left side, Point R to right side (see

over left shoulder)

### (9 – 16) REPEAT THE MOVEMENTS ON COUNTS 1-8 (Facing 6.00)

Happy dancing Dancing from the heart

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