

Pride & Joy

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Sue Ann Ehmann (USA) & Larry Bass (USA) - June 2024
音樂: Pride & Joy - Scooter Lee : (CD: Scooter Lee, More of the Best)



FORWARD ROCK RECOVER, & HEEL BOUNCES(2X), SWITCH TAP, SWITCH TAP, & HEEL BOUNCES (2X), &

1-2 Rock R forward; Recover back to L
&3-4 Step R back (&0, Bounce L heel twice (3-4)
&5 Step L beside R, Tap R heel forward
&6 Step R beside L, Tap L heel forward
&7-8 Step L beside R, (&) Touch R slightly forward and bounce heel twice (7-8)
& Step R beside L

FORWARD ROCK STEP; SIDE ROCK STEP; BEHIND, SIDE, CROSSOVER SHUFFLE

1-2 Rock L forward; Recover back to R
3-4 Rock L to left; Recover right to R
5-6 Step L behind R; Step R to right
7&8 Step L across R, Step R to right, Step L across R

LINDY RIGHT, STEP FORWARD, PIVOT 1/4 RIGHT, CROSS, HOLD

1&2 Step right to side, step left beside right, step right to side
3-4 Rock left back, recover right
5-6 Step left forward, turn 1/4 right
7-8 Step left across right, hold

RIGHT STEP TOUCH, LEFT STEP TOUCH, OUT-OUT, IN-IN, OUT-OUT, IN-IN

1-2 Step right to side, touch left beside right
3-4 Step left to side, touch right beside left
&5&6 Step right to side (&), Step L to side (5), Step R in (&), Step L in (6)
&7&8 Step right to side (&), Step L to side (7), Step R in (&), Step L in (8)

Easier Options for last 4 counts:

Option 1: &5-6, &7-8 Out Out, Hold, In In, Hold

Option 2: 5-6-7-8 Out Out In In

Option 3: 5-6-7-8 Bump Hips Right, Left, Right, Left

Start Over

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