Ikan Duyung Mandi Di Sungai

級數: Beginner

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拍數: 32

音樂: Ikan Duyung Mandi Di Sungai - Alister Alai

SECTION 1 : DIAGONALLY JUMP FORWARD, BEHAIND TOUCH (RLRF)

- 1&2 Diagonal, jump RF fwd, touch LF behind RF recover on R
- 3&4 Diagonal, jump LF fwrd, touch RF behind LF, recover on L
- 5&6 Diagonal, jump RF fward, touch LF behind RF recover on R
- 7&8 Diagonal, jump LF fwd, touch RF behind LF, recover on L

SECTION 2: DIAGONALLY STEP BACK, TOUCH (RLRL)

- 1&2 Jump RF back diagonally, touch LF beside RF, recover on R
- 3&4 Jump LF back diagonally touch RF beside LF, recover on L
- 5&6 Jump RF, back diagonally, touch LF beside RF, recover on R
- 7&8 Jump LF back diagonally, touch RF beside LF, recover on L

SECTION 3: SYCOPHANTIC CROSS ROCKING CHAIR (R-L)

- 1&2& Cross RF over LF , recover on L, step RF, back, recover on L
- 3&4 Cross RF over LF, recover on L, step RF back on R
- 5&6& Cross LF over RF, recover on R, step LF back on L
- 7&8 Cross LF over RF, recover on R, step LF back on L

SECTION 4: SIDE, BEHIND TOUCH (R-L), 3/4 TURN L TRAVELLING STEP TOUCH

- 1&2 Jump RF to R touch LF behind RF recover on R
- 3&4 Jump LF to L, touch RF behind LF, recover on L
- 5&6&7&8& 3/4 turn L, in place (turn), step RF on R touch LF next to RF

(Repeat steps, travelling turn L til facin 3.00 weight on L)

Tag 8count (jump RL, LR repeat) after wall 6 then Restart





牆數: 4