# EZ Hold 'Em

拍數: 32

級數: Beginner

編舞者: Nicole Miller (LUX) - June 2024

音樂: TEXAS HOLD 'EM - Beyoncé

## Intro: 24 counts

## STEP LOCK, STEP LOCK STEP (R + L)

- 1-2 Step R diagonally forward, step L behind R
- 3&4 Step R diagonally forward, step L behind R, Step R diagonally forward
- 5-6 Step L diagonally forward, step R behind L
- 7&8 Step L diagonally forward, step R behind L step L diagonally forward

## HEEL TOUCHES, STEP TURNS

- 1&2& Touch R heel forward, step R together, touch L heel forward, step L together
- 3&4& Touch R heel forward, step R together, touch L heel forward, step L together
- 5-8 Step R forward, turn ¼ L, step R forward, turn ¼ L (styling option: make a "lasso movement" with your R Hand)

#### GRAPEVINE R + L

1-4 Step R to R, cross L behind R, step R to R, hitch L (slap your L hand over your L leg)
5-8 Step L to L, cross R behind L, step L to L, hitch R (slap your R hand over your R leg)

## **OUT-OUT-IN-IN, STEP TURNS**

- &1&2Step R diagonally forward, step L diagonally forward, step R to center, step L to center&3&4Step R diagonally forward, step L diagonally forward, step R to center, step L to centerUse the forward steps to compensate the forward steps of section 1
- 5-8 Step R forward, turn ¼ L, step R forward, turn ¼ L (styling option: make a "lasso movement" with your R Hand)

# TAG: in wall 2 after 16 counts

- STEP TURNS
- 1-4 Step R forward, turn ¼ L, step R forward, turn ¼ L

# Last Update: 24 Jun 2024





**牆數:**1