

音樂: Escape (feat. Jessi) - Afgan



Sequences: ABB-AABB-AA

Intro: 32 Counts - No Tag - No Restart

PHRASED A: 32c

(1 – 8) FORWARD ROCK-RECOVER, BACK CHA CHA LOCK, BACK ROCK-RECOVER, FORWARD CHA CHA LOCK

1-2 Step forward on R, Recover onto L

3&4 Step back on R, Close L in front of R on ball, Step back on R

5-6 Step back on L, Recover onto R

7&8 Step forward on L, Close R behind L on ball, Step forward on L

(9 - 16) BOTAFOGO (x 2), 3/4 BACK UNWIND TO RIGHT, STEP FORWARD-KICK

1&2 Cross R over L, Step L to left side, Recover onto R
3&4 Cross L over R, Step R to right side, Recover onto L

5-6 Touch R behind L, Turn 3/4 to right (weight ended on R) (9.00)

7-8 Step forward on L, Kick forward on R

(17 - 24) BACK-HOOK, FORWARD, ½ TURN LEFT-BACK, BACK-HOOK, ½ PIVOT TO LEFT

1-2 Step back on R, Hook L over R,

3-4 Step forward on L, Turn ½ to left & step R back (3.00)

5-6 Step back on L, Hook R over L

7-8 Step R a little bit forward, Turn ½ to left & step L in place (9.00)

(25 - 32) SIDE CHASSE WITH 1/4 TURN LEFT (x3), SIDE CHASSE WITH TOUCH

1&2& Step R to right side, Step L beside R, Step R to right side, Turn ¼ to left while dragging L

beside R (6.00)

3&4& Step L to left side, Step R beside L, Step R to right side, Turn ¼ to left while dragging R

beside L (3.00)

5&6& Step R to right side, Step L beside R, Step R to right side, Turn ¼ to left while dragging L

beside R (12.00)

7&8& Step L to left side, Step R beside L, Step R to right side, Drag R beside L

PHRASED B: 16c

(1-8) SKATE (R L)-DIAGONAL FORWARD SHUFFLE TO RIGHT, SKATE (L R)-DIAGONAL FORWARD SHUFFLE TO LEFT

1-2 Step diagonal to right on R while dragging L towards R, Step diagonal to left on L while

dragging R towards L

3&4 Step diagonal to right on R, Step L beside R, Step diagonal to right on R while dragging L

towards R

5-6 Step diagonal to left on L while dragging R towards L, Step diagonal to right on R while

dragging L towards R

7&8 Step diagonal to left on L, Step R beside L, Step diagonal to left on L while dragging R

towards L

(9-16) POINT (FORWARD & SIDE) TO RIGHT, SAILOR STEP WITH $\frac{1}{4}$ TURN RIGHT, POINT (FORWARD & SIDE) TO LEFT, COASTER STEP

1-2 Point to front on R, Point to right side on R

3&4 Turn ¼ to right while sweeping R to back & step back (3.00), Step L beside R, Step forward

on R

5-6 Point to front on L, Point to left side on L

7&8 Step L behind, Step R beside L, Step L forward

Happy dancing Dancing from the heart

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