

# Lay You Down

拍數: 32      牆數: 4      級數: Improver  
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音樂: Lay You Down - So Seductive Sounds



**Intro: 4 Counts - No Tags, No Restart**

**[1-8] 2x Step, Anchor Step, Point back, ½ Turn with Body roll, Coaster Step**

1-2            RF step forward – LF step forward  
3&4           RF little step back – LF close next to RF – RF little Step back  
5-6           LF point backward – ½ turn left, roll your Body up to down (weight on RF) 6:00  
7&8           LF back – RF close next to LF – LF step forward

**[9-16] Step, ¼ Turn, ½ Turn, Sways**

1            RF step forward  
2            ¼ Turn right, LF Step side 9:00  
3-4           ½ Turn right, RF Step Side, Starting with sway to the right 3:00 – finish your sway to the right  
5-6           slowly change your weight to LF and sway to left  
7&8           Sway right – left – right (Weight at the end on RF)

**[17-24] ¼ Turn, ½ Turn, Triple Step back, 2x Step back w. Swivels, Coaster Cross**

1-2           ¼ Turn left, LF Step forward 6:00 – ½ Turn left, RF Step back 12:00  
3&4           LF step back – RF close next to LF – LF step back  
5-6           RF step back, swivel left toe out – LF step back, swivel right toe out  
7&8           RF step back – LF close next to RF – RF cross in front of LF

**[25-32] Side-Together-Cross, Hinge Turn, Cross Triple Step, Side-1/4Turn-Step**

1&2           LF step side – RF close next to LF – LF cross in front of RF  
3-4           ¼ Turn left, RF step back 9:00 – ¼ turn left, LF step side 6:00  
5&6           RF cross in front of LF – LF step side – RF cross in front of LF  
7&8           LF step side – ¼ Turn right, RF close next to LF 3:00 – LF step forward

**Start dance again**

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