Man on the Middle Cross

級數: Improver

編舞者: Judy Rodgers (USA) - June 2024

音樂: Man on the Middle Cross - Rhett Walker : (Amazon.com)

牆數:2

S1: Side, back rock, side, behind side, cross turn 1/4 R, coaster step	
1-2&	Step R large step to right side, rock L back, recover R
3-4&	Step L large step to left side, step R behind L, step L to left side
5-6	Cross R over L, turn 1/4 right step L back 3:00
7&8	Step R back, step L beside R, step R fwd
S2: Side, behind side, cross turn 1/4 R, rumba box fwd R & L	
1-2&	Step L to left side, step R behind L, step L to left side
3-4	Cross R over L, turn 1/4 right step L back 6:00
5&6	Step R to right side, step L beside R, step R fwd
7&8	Step L to left side, step R beside L, step L fwd
S3: Cross/rock side, cross/rock turn 1/4 L, walk walk, step turn 1/2 L step	
1-2&	Cross rock R over L, recover L, step R to right side
3-4&	Cross rock L over R, recover R, turn 1/4 left step L fwd 3:00
5-6	Walk R, walk L
7&8	Step R fwd, turn 1/2 left step L fwd, step R fwd 9:00
S4: Sway sway, sweep/sailor turn 1/4 L, step, turn 1/2 R, turn 1/2 R, step	
1-2	Sway L, sway R
3&4	Turn 1/4 left sweep L from front behind R, step R to right side, step L to left side 6:
5-8	Step R fwd, turn 1/2 right step L back, turn 1/2 right step R fwd, step L fwd
****** no turn c	
(Step R fwd, p	point L to fwd L diagonal, step L fwd, point R to fwd R diagonal)
Tag: 4-count tag danced after Wall 2 and Wall 5	
1-4	Sway R (over 2 beats), sway L (over 2 beats)
Wall 7 is the last wall and ends after S3 (cnts 1-4&) facing 3:00; turn 1/4 L step R to right & smile!	

*** Special thanks to dance teacher Suzanne Nerren for suggesting this music....it is beautiful!!





to left side 6:00

拍數: 32

#8 count intro...on 'I heard' - 1 tag danced 2 times