

We Had Some Help (P)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 0 級數: Low Intermediate - Partner
編舞者: Keith Riess (USA) & Nicky Riess (USA) - June 2024
音樂: I Had Some Help (feat. Morgan Wallen) - Post Malone



[START] 32-COUNT INTRO (BEGIN ON LYRICS); SWEETHEART POSITION FACING LOD
(Like footwork; Lead's footwork described, except where noted)
(No Tags! No Restarts!)

[1-8] STEP FWD, LOCK, STEP FWD, BRUSH, STEP FWD, LOCK, STEP FWD, BRUSH

1,2,3,4 Step fwd R (1), lock L behind R (2), step fwd R (3), brush L heel (4)
5,6,7,8 Step fwd L (5), lock R behind L (6), step fwd L (7), brush R heel (8)

[9-16] LEAD: ½ TURN JAZZ BOX, CROSS BEHIND, ¼ TURN BACK, STEP BACK, TOUCH

[9-16] FOLLOW: ½ TURN JAZZ BOX, STEP SIDE, ¼ TURN BACK, STEP BACK, TOUCH

1,2,3,4 Cross R over L (1), ¼ turn R stepping back L (2) (facing OLOD), ¼ turn R stepping fwd R (3) (facing RLOD), step fwd L (4)
5,6,7,8 Lead: Cross R behind L (5), ¼ turn R stepping back L (6) (facing ILOD), step back R (7), touch L toe next to R (8)
5,6,7,8 Follow: Step side R (5), ¼ turn L stepping back L (6) (facing OLOD), step back R (7), touch L toe next to R (8)

[HANDS: On counts 5-6, hands remain connected, as Lead brings Follow's R hand over Follow's head ending with R arms crossed over L arms in front.]

[17-24] LEAD: STEP SIDE, 1/8 TURN FWD (2x), STEP FWD, STEP FWD, STEP TOGETHER, STEP FWD, TOUCH

[17-24] FOLLOW: ¼ TURN FWD, ¼ TURN BACK, ½ TURN FWD, ¼ TURN FWD, STEP FWD, STEP TOGETHER, STEP FWD, TOUCH

1,2,3,4 Lead: Step side L (1), 1/8 turn R stepping fwd R (2), 1/8 turn R stepping fwd L (3) (facing LOD), step fwd R (4)
1,2,3,4 Follow: ¼ turn L stepping fwd L (1) (facing LOD), ¼ turn L stepping back R (2) (facing ILOD), ½ turn L stepping fwd L (3) (facing OLOD), ¼ turn L stepping fwd R (4) (facing LOD)
5,6,7,8 Step fwd L (5), step R next to L (6), step fwd L (7), touch R toe next to L (8)

[HANDS: On count 1, release L hands, as Lead brings Follow's R hand over Follow's head, reconnecting R hands in sweetheart position on count 5.]

[25-32] LEAD: ¼ TURN SIDE, BRUSH, CROSS-ROCK OVER, RECOVER, ¼ TURN FWD, HOLD, WALK FWD (2x) FOLLOW: ¼ TURN SIDE, BRUSH, CROSS-ROCK OVER, RECOVER, ¼ TURN FWD, HOLD, ½ TURN BACK, ½ TURN FWD

1,2,3,4 ¼ turn R stepping side R (1) (facing OLOD), brush L heel (2), cross L over R (3), replace weight R (4)
5,6,7,8 Lead: ¼ turn L stepping fwd L (5) (facing LOD), hold (6), walk fwd R (7), walk fwd L (8)
5,6,7,8 Follow: ¼ turn L stepping fwd L (5) (facing LOD), hold (6), ½ turn L stepping back R (7) (facing RLOD), ½ turn L stepping fwd L (8) (facing LOD)

[HANDS: On count 7, release L hands, as Lead brings Follow's R hand over Follow's head, reconnecting R hands in sweetheart position on count 8.]

[REPEAT PATTERN & ENJOY!]

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