Party Like It's Not



拍數: 32 牆數: 4 級數: High Improver

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音樂: Not Your Birthday - Allstar Weekend: (iTunes, Amazon or YouTube)



Intro: Begin on Vocals

PRESS R BALL OF FOOT TO R , PRESS L BALL OF FOOT TO L , BALL STEP, STEP FWD, MAMBO FWD, STEP BACK

1-2 R Ball of Foot press to R keep weight on L (1), RF step back to centre (2)
3-4 L Ball of Foot press to L keep weight on R (3), LF step back to centre (4)
85-6 on ball of RF take a slightly step back (&), LF Step Fwd (5), RF Step Fwd (6)

7&8 LF Rock Fwd (7), Recover Weight on RF (&), LF Step back

COASTER STEP, ½ STEP TURN R, STEP FWD, FULL TURN, HIP BUMP W ¼ TURN L

1&2 RF Step back, LF Step next to RF, RF Step Fwd

3-4 LF Step Fwd, ½ R Step on RF

5-6 Step LF Fwd, ½ Turn L Step back back R

7-8 ¼ Turn L with Hip Bump to L side, ¼ Turn L Step on LF

CROSS, BACK, ¼ TURN, CHASSEE, CROSS, ¼ TURN, ¼ TURN WITH SLIDE, DRAG

1-2 RF Cross over LF, LF Step back

3&4 1/4 Turn R, RF Step to R, LF Step next to RF, RF Step to R

5-6 LF Cross over RF, ¼ L Step back on RF

SYNC. CROSS STEPS BACKWARDS 2X, JAZZ BOX

1-2 RF Cross over LF, LF Step diagonally back L

&3-4 RF Step slightly back on Ball of RF(&), LF Cross over RF (3), RF Step diagonally back R

&5-6 LF Step back (&), RF Cross over LF (5), LF Step back

7-8 RF Step to R, LF Step Next to RF