

Shake, Shake, Shake

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Linah Lunardi (INA) - July 2024
音樂: Shake It Off - Taylor Swift



Intro: 16 count.

Tag after end of wall 13th (facing 03.00)

(1-8) FORWARD TOE STRUT (2X), SHIMMY RIGHT.

- 1 2 Touch R toes forward, drop R heel
- 3 4 Touch L toes forward, drop L heel
- 5 6 Rock RF to R, shake shoulders
- 7 8 Recover weight on LF, step RF next to LF

(9-16) FORWARD TOE STRUT (2X), SHIMMY LEFT.

- 1 2 Touch L toes forward, drop L heel to the floor
- 3 4 Touch R toes forward, drop R heel to the floor
- 5 6 Rock LF to L, shake shoulders
- 7 8 Recover weight on RF, step LF next to RF

(17-24) WALK BACK-HITCH (2X), ¼ MONTEREY TURN

- 1 2 Step RF back, hitch L knee up
- 3 4 Step LF back, hitch R knee up
- 5 6 Point RF to R, close RF next to LF
- 7 8 Turn ¼ R pointing LF to L, close LF next to RF

(25-32) SIDE-TOGETHER-SIDE-TOUCH (2X)

- 1 2 Step RF to R, step LF next to RF
- 3 4 Step RF to R, touch LF next to RF
- 5 6 Step LF to L, step RF next to LF
- 7 8 Step LF to L, touch RF next to LF

TAG (8 count): At the end of wall 13th (facing 3.00) repeat steps (24-32) SIDETOGETHER-SIDE-TOUCH (2X)

ENDING: To finish facing 12.00 add PIVOT ½ L at the end of wall 17th

Get your groove on and enjoy the dance!

CP : lunlinah@gmail.com