

Fall

COPPER **NOB**
BY STEPHEN T. S.

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Kerry Bailey (AUS) - July 2024
音樂: TRUSTFALL - P!nk



*1 Tag and a Finish

START: On Vocals (16 counts in)

START POSITION - 1. FEET TOGETHER WEIGHT ON LEFT FOOT - 2. INTRO: 16 counts

[1 – 8] VINE R, VINE L

1, 2, 3, 4 Step R to Side, step L Behind, Step R to Side, Touch L Beside R

5, 6, 7, 8 Step L to Side, Step R behind, Step L to Side, Touch R Beside L

[9 – 16] WALK FORWARD KICK , WALK BACK AND TOUCH

1, 2, 3, 4 Walk forward RLR, Kick L Forward

5, 6, 7, 8 Walk Back LRL, Touch R Beside L

[17 – 24] DOUBLE HIPS R, DOUBLE HIPS L, HIPS RLRL

1, 2, 3,4 Push R hip to R, x2, Push L Hip to L x2

5, 6,7,8 Push R hip to R, Push L Hip to L, Push R Hip to R, Push L Hip to L

[25 – 32] TURN 1/8 PADDLE L, TURN 1/8 PADDLE L, FORWARD TOUCH , BACK TOUCH

1, 2, 3, 4 Take small step and turn L, Take small step and turn L (Facing 9 O'clock Wall)

5, 6, 7, 8 Step forward R touch L, Step back L touch R (on angle)

[32] REPEAT

Tag: At end of Wall 5 add K step

1-4 Forward R, Touch L, Step Back L, Touch R (on angle)

5-8 Step Back R, Touch L, Step Forward L, Touch R

On Wall 10 to finish dance:

Do two small paddles to back Step Forward R Touch L and Turn R to Front, Touch R

Last Update - 13 Jul. 2024 - R1