

Heart For Rent

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: High Improver
編舞者: Hiroko Carlsson (AUS) - July 2024
音樂: Heart for Rent - NURKO, WUKONG & Jordan Shaw : (Spotify/YouTube Music/Deezer/Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Start immediately after you here "I'll")

[S1] Fwd Mambo, Shuffle Back, 1/2R Shuffle Fwd, Step-Pivot 3/4R-Side

1&2 Rock forward on R, Replace weight on L, Step back on R
3&4 Shuffle back on L-R-L
5&6 Making a ½ turn right shuffle forward on R-L-R (6:00)
7&8 Step forward on L, Make a ¾ turn right recover weight on R, Step L to the side (3:00)

[S2] Behind Rock-Side, Behind-Side-Cross-Side, Behind Rock-Side, Back /w Sweep into 1/2L Turn Back Rock

1&2 Rock R behind L, Replace weight on L, Step R to the side
3&4& Step L behind R, Step R to the side, Cross L over R, Step R to the side
5&6 Rock L behind R, Replace weight on R, Step L to the side

-Restart and step change here on Wall 3 and Wall 7

7 8& Step back/slightly side on R sweeping L foot around making a ¼ turn left, Make a further ¼ turn left stepping (rock) back on L, Replace weight on R (9:00)

[S3] -Cross Samba R-L, Cross Rock-Side-Rock-1/4L Coaster Step

1&2 Cross L over R, Rock R to the side, Replace weight on L
3&4 Cross R over L, Rock L to the side, Replace weight on R
5&6& Rock/across L over R, Replace weight on R, Rock L to the side, Replace weight on R
7&8 Make a ¼ turn left stepping back on L, Step R beside L, Step forward on L (6:00)

[S4] Cross-Back-Side-Cross-Back-Side-Cross-Back-1/4R, Step-Pivot 1/2R-Together

1&2 Cross R over L, Step back on L, Step R to the side
&3& Cross L over R, Step back on R, Step L to the side
4&5 Cross R over L, Step back on L, Make a ¼ turn right stepping forward on R (9:00)
6 7 8 Step forward on L, Make a ½ turn right recover weight on R, Step L together (3:00)

Restart w/ step change on Wall 3 count 16 (9:00) and Wall 7 count 16 (9:00)-

Dance up to Section 2 count 6 (9:00), then - Step back on R sweeping L foot around (7), Step/sit back on L and pop R knee (8)

Ending suggestion: The last wall (wall 9) starts facing 12:00. Dance up to count 5 (6:00). Chase turn ½ right to the front (&6), Step forward on L (12:00).

(updated: 14/July/24)