

Ain't in Kansas

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Cathy Snow (USA) - July 2024
音樂: Ain't In Kansas Anymore - Miranda Lambert : (Twisters: The Album)



Intro: 32 counts - No restarts or tags

[1-8] CROSS ROCKS L, R; TRIPLE STEPS IN PLACE

1-2 Cross/rock R over L; recover L
3&4 Triple step in place stepping R, L, R
5-6 Cross/rock L over recover R
7&8 Triple in place stepping L, R, L

[9-16] SHUFFLE FORWARD R, L, R; ROCK L FORWARD, RECOVER R, SHUFFLE BACK L, R, L; ROCK BACK R; RECOVER L

1&2 Shuffle forward R, L, R
3&4 Rock forward on L; recover on R
5&6 Shuffle back L, R, L
7&8 Rock back R, recover on L

[17-24] LINDY R, LINDY L

1&2 Step R to R side, Step L next to R, Step R to R side
3-4 Step L behind R, Recover weight on R
5&6 Step L to L side, Step R next to L, Step L to L side
7-8 Step R behind L, Recover weight on L

[25-32] STEP POINT R, L; ¼ TURNING JAZZ BOX

1-2 Step R point L
3-4 Step L; Point R
5-6 Cross R over L, step back on L
7-8 ¼ Step R to right side, step left forward

Contact: mrssno@email.com

Cannot dance as just had total knee replacement, so I have only danced in a chair with wheels. No video but would gladly have anyone do one and post. Thank you.