

Take It Off

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
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音樂: Undress Rehearsal - Timeflies



Senior Starter Series

Learning Out Out/In, In, step touches, vines, monterey turns

Out Out/In In 2 times

1-4 Step R fwd to right, step L fwd to left, step back tog on R, L
5-8 Step R fwd to right, step L fwd to left, step back tog on R, L

Rock R fwd, recover on L, triple back, Rock L back, recover on LRL

1,2 3&4 Rock R fwd, recover on L, triple back RLR
5,6 7&8 Rock L back, recover on R, triple fwd LRL

Side point to R, touch beside L, point R to R, step next to L (repeat on Left)

1-4 Point R to R, touch R beside L, point to R, step down next to L
5-8 Point L to L, touch L beside R, point L to L, step down next to R

Point R to R, step R beside L, point L, step L beside R, Monterey Turn 1/4 R

1-4 Point R to R, step beside L, point L to L,, step beside R (weight on L)
5-8 Point R to R, turn 1/4 R, point L, step down (monterey turn 1/4) 9:00

Created by Pat Newell for Banner Olive Branch Senior Ctr 7-16-24