

Training Season's Over

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Linda LeClaire (USA) - July 2024
音樂: Training Season - Dua Lipa

級數: Beginner



Walk Forward R,L,R, Kick, Walk Back L,R,L Touch

- 1 – 4 Walk forward R,L,R, kick L
5 – 8 Walk back L,R,L, touch R next to L

Vine Right and Left *

- 1 – 4 Step R to right, step L behind R, step R to right, touch L next to R
5 – 8 Step L to left, step R behind L, step L to left, touch R next to L

K-Step **

- 1 – 2 Step R on diagonal towards 2:00, touch L next to R
3 – 4 Step L back on diagonal, touch R next to L
5 – 6 step R on diagonal towards 4:00, touch L next to R
7 – 8 Step L forward on diagonal, touch R next to L

Three ¼ paddle turns, Two Steps in Place

- 1 – 2 Step R forward, pivot ¼ left
3 – 4 Step R forward, pivot ¼ left
5 – 6 Step R forward, pivot ¼ left
7 – 8 Step R and L in place

Restart after 16 counts on walls 3 & 6

Restart after 24 counts on wall 12

linda.leclaire@yahoo.com
