Sekecewa Itu



拍數: 32 編數: 2 級數: High Improver

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音樂: Sekecewa Itu - Valdy Nyonk



INTRO: 28 Counts

TAG: 2 Counts on Wall 8 (Follows by the 3rd Restart)

RESTARTS:-

On Wall 4 after 12 Counts With Step Change On Wall 7 after 16 Counts With Step Change On Wall 8 after 8 Counts, start with Tag

Session 1 - FORWARD ROCK-RECOVER, SIDE ROCK-RECOVER, BACK WITH SWEEP, BACK-SIDE (2 SET: R & L)

1&2& Step R forward, Recover onto L, Step R to right side, Recover onto L

3-4& Step R back while sweeping L from front to back, Step L back, Step R to right side

5&6& Step L forward, Recover onto R, Step L to left side, Recover onto R

7-8& Step L back while sweeping R from front to back, Step R back, Step L to left side

TAG: On Wall 8 after 8 Counts (follows by the 3rd Restart)

1-2 Step R to right side, Hold

***3rd RESTART: On Wall 8 after 8 Counts, start with the Tag

Session 2 - BASIC NC WITH 1/4 TURN RIGHT, BACK ROCK-RECOVER, FORWARD, 1/2 PIVOT TO RIGHT, FULL TURN

1-2& Big step to right on R, Step L close behind R, Turn ¼ to right & cross R over L (3.00)

3-4& Step L to left, Step R back, Recover onto L

5-6& Step R forward, Step L forward, Turn ½ to right & step R in place (9.00)

7-8& Step L forward, Turn ½ to left & step R back (3.00), Turn ½ to left & step L forward (9.00)

*1st RESTART

On Wall 4 (after 12 Counts)

With Step Change on the count of &

BACK ROCK-RECOVER, 1/4 LEFT FORWARD

3-4& Big step to left on L, Step R back, Turn ¼ to left & step forward on L (06.00)

**2nd RESTART

On Wall 7 (after 16 Counts)

With Step Change on the count of &

FORWARD, ½ PIVOT TO RIGHT, ¼ LEFT SIDE

7-8& Step L forward, Turn ½ to left & step R back (3.00), Turn ¼ to left & step L to left side (06.00)

Session 3 - FORWARD ROCK-RECOVER, TOGETHER, FORWARD WITH SWEEP, ¾ DIAMOND FALL AWAY (ENDED AT 6.00)

	1-2&3	Step R forward, Rec	over onto L, Step R besi	ide L, Step L forward w	while sweeping R from
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back to front

4&5 Cross R over L, Step L to left side, Turn 1/8 to right & step R back 10.30

6&7 Step L back, Turn 1/8 to right & step R to right side (12.00), Turn 1/8 to right & step L

forward (1.30)

8&1 Step R forward, Turn 1/8 to right & step L to left side (3.00), Turn 1/8 to right & step R back

(4.30)

Session 4 - CONTINUE DIAMOND, FORWARD, FORWARD- TOUCH BEHIND, BACK WITH SWEEP, SAILOR STEP, RECOVER

2&3 Step L back, Turn 1/8 to right & step R to side (6.00), Step L forward

4&5 Step R forward, Touch L behind R, Step L back while sweeping R from front to back

6&7-8 Step R back, Step L to left side, Step R to right side, Recover onto L

Happy dancing Dancing from the heart

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Last Update - 3 Aug. 2024 - R1