

Don't You Worry Mama

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 1 級數: Low Intermediate
編舞者: Sheila Kenny (USA) - July 2024
音樂: Don't You Worry 'Bout a Thing - Stevie Wonder



8 ct Intro. No Tags 1 Restart - Dance will start on Intro

Sec. 1 Lock Steps, Cross Shuffles, Side Rock

- 1&2 Step RF forward on Right diagonal (1:00), Cross LF behind RF, Step RF forward
- 3&4 Step LF forward on Left diagonal (11:00), Cross RF behind LF, Step LF forward
- 5&6 Cross RF over LF, Keeping LF behind RF, Step LF next to RF staying on ball of LF, Step RF to Left side staying crossed over LF
- & 7 Rock LF to Left side, Recover on RF
- & 8 & Cross LF over RF, Keeping RF behind LF, Step RF next to LF staying on ball of RF, Step LF to Right side staying crossed over RF

Sec. 2 Switchback, Step Turns, Forward Shuffle, Pivot Turn

- 1,2 ¼ turn Right, Stepping RF forward (3:00), ½ turn Right stepping back on LF (9:00)
- 3 Step RF forward (9:00)
- 4&5 Step LF forward, Step RF next to LF, Step LF forward
- 6,7 ½ Pivot turn Left stepping RF forward, Recover on LF (3:00)
- 8 ¼ turn Left stepping RF forward (12:00)

Restart Wall 4 (Right toe touch Step 8)

Sec. 3 Samba Whisks x 2, ¼ Pivot x 2

- 1&2 Cross and step ball of LF behind RF, Recover on RF, Step LF to Left side
- 3&4 Cross and step ball of RF behind LF, Recover on LF, Step RF to Right side
- 5,6 ¼ Left pivot turn stepping RF forward, Recover on LF (9:00)
- 7,8 ¼ Left pivot turn stepping RF forward, Recover on LF (6:00)

Sec. 4 Rock/Recover, Coaster, ½ Pivot Turn

- 1,2 Rock RF forward, Recover on LF (6:00)
- 3&4 Step back on RF, Step LF next to RF, Step RF forward
- 5,6 ½ pivot turn Right stepping LF forward, Recover on RF (12:00)
- 7,8 Rock LF forward, Recover on RF

Sec. 5 Lindy x 2

- 1&2 Step LF to Left side, Step RF next to LF, Step LF to Left side
- 3,4 Rock back on RF, Recover on LF
- 5&6 Step RF to Right side, Step LF next to RF, Step RF to Right side
- 7,8 Rock back on LF, Recover on RF

Sec. 6 Syncopated Rocking Chair x 2, ¼ Pivot x 2

- 1&2& Step LF forward, Recover on RF, Step LF back, Recover on RF
- 3&4& Step LF forward, Recover on RF, Step LF back, Recover on RF
- 5,6 ¼ Right pivot turn stepping LF forward, Recover on RF (3:00)
- 7,8 ¼ Right pivot turn stepping LF forward, Recover on RF (6:00)

Sec. 7 Side Rock, Cross Rock, Step Turns, Coaster

- 1,2 Step LF to Left side, Cross RF over LF
- 3,4 Recover on LF, ¼ Turn Right stepping RF forward (9:00)
- 5,6 ¼ Turn Right stepping LF forward (12:00), Rock back on RF
- 7&8 Step back on LF, Step RF next to LF, Step LF forward

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