Country Girl



編舞者: Rafaela Bizjak (DE) - June 2024

音樂: Country Girl (Shake It for Me) - Luke Bryan



Intro: 32 Counts, The dance begins with the singing

Phrasing - No Tag, No Restart

S1: Heel grind R turning ¼ right, Coaster step, Walk L, Walk R, Swivel RL ¼ turn right and back left, Swivel RL ¼ turn right

1-2 Right heel grind ¼ turn right (3h)

3&4 Step r back, step l beside r, step r forward

5-6 Walk I, Walk r

7&8 Step I in front of r, do a ¼ turn with both feet on your toes at the same time, turn back ¼ and

turn again 1/4 (6h)

S2: Cross Side Heel R, Cross Side Heel L, Cross Rock R recover, Step R to the R, close with L

1&2& Cross r over I, Step left with I, touch r heel diagonally right forward 3&4& Cross I over r, Step right with r, touch I heel diagonally left forward

5-6 Cross r over I, recover I

7-8 do a big step right with r and close with I

S3: Rumba Box sideway r with R, close L, forward R, sideway I with L, backwards I with L, Coaster Step, ½ Pivot r

Step to the right side with r, close with I, step forward with r

Step to the side with I, close with r, step backwards with I

Step r back, step l beside r, step r forward

Step l in front of r and do a ½ turn r (12h)

S4: 1/4 turn R with Hitch left foot, 1/2 turn R with Hitch right foot, Rock back, Rock fwd, sailor step L 1/4 turn I

1-2 ½ turn right with bented knee, with left foot (3h)
3-4 ½ turn right with bented knee, with right foot (9h)

5&6& Rock back I, Rock forward I

7&8 Place I behind r with ¼ turn left, step side right, step side fwd (6h)

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Links: [bfl_iff@web.del] [www.blackforestlinedancers.de]