# Oh Lalala Bachata

拍數: 64

級數: Phrased Beginner

**編舞者:** Joan Morro (ES) & Promo 24 (ES) - August 2024

音樂: Oh la la (Bachata) - Cristian Martin & Nicko Play

# Sequence: A, B, B, A, B, B, A, B, B, B, A Ending

#### PART A

[1-8] HEEL TOUCH FWD X 2, TOE TOUCH BWD X2, POINT SIDE R, TOGETHER, POINT SIDE L, HIP LIFT X 2

- 1-2 RF heel touch fwd, RF heel touch fwd
- 3-4 RF Toe touch bwd, RF Toe touch bwd
- 5&6 RF Point side right, RF Step together LF, LF Point side L
- &7&8 LH Lift you Left hip, LH down your Left hip, LH Lift you Left hip, LH down your Left hip

#### [9-16] CROSS ROCK AND TOUCH X 2.

- 1-4 LF Cross rock over RF, RF Recover, LF Step together RF, RF touch near LF
- 5-8 RF Cross rock over LF, LF Recover, RF Step together LF, LF Touch near RF

# [17-24] HEEL TOUCH FWD X 2, TOE TOUCH BWD X2, POINT SIDE R, TOGETHER, POINT SIDE L, HIP LIFT X 2

- 1-2 LF heel touch fwd, LF heel touch fwd
- 3-4 LF Toe touch bwd, LF Toe touch bwd
- 5&6 LF Point side left, LF Step together RF, RF Point side R
- &7&8 RH Lift you right hip, RH down your Right hip, RH Lift you Right hip, RH down your Right hip

## [25-32] CROSS ROCK AND TOUCH X 2.

- 1-4 RF Cross rock over LF, LF Recover, RF Step together LF, LF touch near RF
- 5-8 LF Cross rock over RF, RF Recover, LF Step together RF, RF Touch near LF

#### PART B

# [1-8] BASIC BACHATA FWD & HITCH, BASIC BACHATA BWD & TOUCH

- 1-4 RF step fwd, LF step fwd, RF step fwd, LF Hitch fwd
- 5-8 LF step bwd, RF step bwd, LFsetp bwd, RF touch near LF

#### [9-16] MONTEREY TURN ¼ X 2

- 1-4 RF point right side, RF ¼ turn R & step together LF, LF Point side Left, LF step together (3:00)
- 5-8 RF point right side, RF ¼ turn R & step together LF, LF Point side Left, LF step together (6:00)

# [17-24] BASIC BACHATA RIGHT & TOUCH, ROLLING VINE L & CHASSE WITH ¼ TURN L

- 1-4 RF step right, LF Step together RF, RF Step Right, LF Touch near RF
- 5-6 LF <sup>1</sup>/<sub>4</sub> turn L & step fwd, RF Step together LF & <sup>3</sup>/<sub>4</sub> turn R (6:00)
- 7&8 LF Step Left, RF Step together LF, LF ¼ turn L & Step fwd (3:00)

## [25-32] ROCK FWD, SAILOR STEP ½ TURN R, ROCK FWD, ¼ L, SLIDE & TOUCH

- 1-2 RF Rock fwd, LF Recover
- 3&4 RF Cross behind LF, LF step together turning ½ R, RF step together (9:00)
- 5-6 LF Rock fwd, RF recover
- 7-8 LF ¼ turn L & Slide side L, RF Touch near LF

# ENDING: When you finish the last A, you will be facing at 6:00, the music will do two more counts, turn





牆數:2

around and finish facing at 12:00

ENJOY THIS BACHATA AND REMEMBER OH LALALA LALALA LALALA