Wasted Time



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音樂: Wasted Days and Wasted Nights - Freddy Fender



NO TAG & NO RESTART START ON WORD "NIGHTS"

S1. LINDY STEP, 1/4R. LINDY STEP

1&2. Step RF to R side, Step LF next to RF, Step RF to R side

3 4. Rock LF behind RF, Recover on RF

5&6. Step LF to L side, Step RF next to LF, Step LF to L side

78. Turn ¼R. Step back on RF, Recover on LF

S2. SIDE - BEHIND - CHASSE, 1/4L. MODIFIED JAZZ BOX

1 2. Step RF to R side, Cross LF behind RF

3&4. Step RF to R side, Step LF next to RF, Step RF to R side

5 6 Cross LF over RF, Turn 1/4L. Step back on RF

7&8. Step LF to L side, Step RF next to LF, Step LF to L side

S3. CROSS SHUFFLE - 1/2L. CROSS SHUFFLE, CROSS SHUFFLE- 1/2 L. CROSS SHUFFLE

1&2. Cross RF over LF, Lock LF slightly L side, Cross RF over LF

3&4. Turn ½L. Cross LF over RF, Lock RF slightly R side, Cross LF over RF

5&6. Cross RF over LF, Lock LF slightly L side, Cross RF over LF

7&8. Turn ½L. Cross LF over RF, Lock RF slightly R side, Cross LF over RF

S4. FORWARD SHUFFLE, FORWARD ROCK - RECOVER, 1/2L. FORWARD SHUFFLE, 1/4 L. SWAY R/L

1&2. Step RF forward, Step LF next to RF, Step RF forward

3 4. Rock LF forward, Recover on RF

5&6. Turn ½L. Step LF forward, Step RF next to LF, Step LF forward

7 8. Turn ¼L. Step RF to R while sway R/L

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