

Stringimi Piu Forte

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Sandrine ROCAFULL (FR) & Sandro PEIS (FR) - August 2024
音樂: Stringimi Più Forte - Giordana Angi



SEQUENCE : A,B,B,A /A restart / B,B /A restart / B,B

****2 Restarts: face to 12:00 after 28 counts on the 3rd and 4th A.**

Intro : 32 counts

PARTIE A : (Part A always starts at 12:00 and always ends at 12:00)

Section 1 : FULL DIAMOND RIGHT

1&2 Cross RF over LF - step LF to L side - turn 1/8 R stepping RF back [1:30]
3&4 Step LF back - turn 1/8 R stepping RF to R side - turn 1/8 R stepping LF forward [4 :30]
5&6 Step RF forward - turn 1/8 R stepping LF to L side - turn 1/8 R stepping RF back [7:30]
7&8 Step LF back - turn 1/8 R stepping RF to R side - turn 1/8 R stepping LF forward [10h30]

Section 2: CROSS SAMBA R & L- R DIAGONAL ROCK STEP FWD, RECOVER - R BACK FULL TURN

1&2 Cross RF over LF - step LF to L side - Step RF slightly forward
3&4 Cross LF over RF - step RF to R side - Step LF slightly forward
5-6 Right foot forward diagonally on to L ↖ (with body weight on RF) - Recover weight on to LF [10h30]
7-8 Make ½ turn to the right + step RF forward [4 :30] - Make ½ turn to the right + step LF back [10h30]

Section 3 : R LUNGE with arms movement - R BACK FULL TURN- COASTER STEP with 1/8 T (diagonally to the right: Lunge on 4 accounts)

1-2 Make ¼ turn to the right ↗- [1:30] Step RF forward (with body weight on RF) and bend the R leg, L leg extended back

(arm movement : raise your head and raise both arms sideways, palms facing up [of 2 time])

3-4 Recover weight on to LF [of 2 time])

(arm movement : finished raising the arms forward as if to dive and lowering the arms pulling them towards the body, lowering the head)

5-6 Make ½ turn R stepping RF forward [7:30] + make ½ turn R stepping LF back [1:30]

(easy option : Step back RF- Step back LF always diagonally)

7&8 Step back RF - Step left next to right with 1/8 turn to right- Step RF forward [3:00]

Section 4 : L ROCK STEP FWD RECOVER- ¼ turn to L, CHASSE- R CROSS SAMBA – L CROSS – R BRUSH

1-2 Rock left forward - Recover weight onto right
3&4 Make ¼ turn to L - Step left to left - step right beside left - step left to left [12:00]

THE 2 RESTARTS ARE HERE (facing 12 :00) : 1st restart at 3 rd A- 2nd restart at 4th A

5&6 Cross RF over LF - step LF to L side - Step RF slightly forward

7-8 Cross LF over RF – Brush the floor with the sole of RF forward

PARTIE B :

Section 1: R CROSS ROCK RECOVER- R TRIPLE FULL TURN- L ROCK RECOVER – JUMP BACK L&R- L BACK

1-2 Slightly cross rock right over left - recover weight onto left
3&4 Triple full turn right stepping right left right
5-6 Rock forward on left – recover weight onto right
&7-8 Jump back and out on left, Jump back and out on right- Step back LF

Section 2: SAILOR STEP R & L – R CROSS ROCK RECOVER – ¼ T WALKS R & L

- 1&2 Cross right behind left - Step left to left side- Step right to right side
- 3&4 Cross left behind right- Step right to right side- Step left to left side
- 5-6 Cross rock right over left - recover weight onto left
- 7-8 Make ¼ turn to R - Walk forward RF –Walk forward LF [3H00]

Section 3: ANCHOR STEP- SWEEP BACK- SWEEP BACK- COASTER STEP –R STEP TURN ½ to L

- 1&2 Lock right behind left - Step weight onto left - Step slightly back on right
- &3&4 sweeping LF back and forth - back LF - Sweeping RF back and forth – Back RF
- 5&6 Step back on left - Step right next to left- Step forward on left
- 7-8 Right step forward- Turn ½ left [9H00]

Section 4: R STEP FWD- PIVOT ¼ to L- CROSS SHUFFLE- L SIDE ROCK RECOVER- L CROSS – R BRUSH

- 1-2 Right step forward- Turn 1/4 left [6:00]
- 3&4 Cross right over left - Step left to left - Cross right over left
- 5-6 Rock left to left side- recover weight onto right
- 7-8 Cross LF over RF – Brush the floor with the sole of RF forward

HAVE FUN & ENJOY !!!
