Love's Got a Hold on You

級數: Absolute Beginner

編舞者: Bill Handley (AUS) - August 2024

音樂: Love's Got a Hold On You - Alan Jackson

Intro: 32c - No restarts. No tags.

拍數: 30

Start RF.

[S:1] Toe strut, toe strut, side rock, recover, heel dig, close.

- 1,2,3,4, Touch R toe forward, lower R heel to floor, touch L forward, lower L heel floor.
- 5,6,7,8 Rock R to R side, step L in place, touch R heel slightly forward, step R beside L.

[S:2] Toe strut to side, toe strut to side, side rock R, recover, touch heel forward, step to close.

- 1,2,3,4 Touch L toe forward, lower L heel to floor, touch R toe forward, lower R heel to floor,
- 5,6,7,8 Rock L to L side, step R in place, touch L heel slightly forward, step L beside R.

[S:3] 1/8 turn R and heel dig, close, 1/8 turn R and heel dig, close, heel dig, hook, heel dig, flick.

- 1,2,3,4, Make a 1/8 turn R and touch R heel slightly forward, step R beside L, make a 1/8 turn R and touch L heel slightly forward, step L beside R,
- 5,6,7,8. Touch R heel slightly forward, hook R in front of L, touch R heel slightly forward, R flick. (3:00).

[S:4] Coaster back, scoot, forward/ scoot.

- 1,2,3,4 Step back on R, step L beside R, step forward on R, scoot forward on L.
- 5,6. Step forward on R, scoot forward on L.

Repeat facing 3 o'clock.

Link for instructions for step scoot- https://youtu.be/CH83MV_UWOo?si=kUbKOr1SnJKF6QKk Please try exchanging heel digs for forward points or a combination there of.

Last Update: 28 May 2025





牆鯽

牆數:4