# Bonita

級數: High Beginner

編舞者: The Pratama (INA) - August 2024

音樂: La Isla Bonita - Madonna

## Start dance on vocal

拍數: 32

## I.WALK FORWARD, FORWARD MAMBO, WALK BACK, COASTER STEP

**牆數:**4

- 1-2 Step RF,LF forward
- 3&4 Rock RF forward, Recover, Close RF next to LF
- 5-6 Step LF,RF backward
- 7&8 Step LF back, step RF together, step LF forward

## II.SIDE MAMBO (R-L), PADDLE TURN

- 1&2 Rock RF to right side, recover, Close Rf next to LF
- 3&4 Rock LF to left side, Recover, Close RF next to RF
- 5-6 Step RF forward ¼ turn left stepping LF in place
- 7-8 Step RF forward, ¼ turn left stepping LF in place

## (RESTART HERE ON WALL 3 & WALL 6)

#### III.BOTAFOGO (R-L), JAZZBOX TURN

- 1&2 Step RF cross over LF,LF to side,RF tap in place
- 3&4 Step LF cross over RF,RF to side, LF tap in place

#### (RESTART HERE ON WALL 8)

- 5-6 Cross RF over LF, ¼ turn right step LF back
- 7-8 Step RF to side, step LF forward

## IV. SAMBA WISHK, FORWARD MAMBO, COASTER STEP

- 1a2 Big step RF to right side, step ball of LF slightly behind RF, recover weight onto RF
- 3a4 Big step LF to left side, step ball of RF slightly behind LF, recover weight onto LF
- 5&6 Rock RF forward, Recover, Close RF next to LF
- 7&8 Step LF back, step RF together, step LF forward

## Happy dancing

## Contact.imalinedance.indonesia@gmail.com

