Rose Tinted



拍數: 48 牆數: 2 級數: Improver

編舞者: Elisabeth HS (INA) - August 2024 音樂: Rose Tinted - The Overtones



Tag: after wall 5, 8 counts

Section 1: WALK, WALK, SHUFFLE FORWARD, PIVOT 1/2 R, 1/2 TURN RIGHT SHUFFLE BACK ON LF, RF. LF

1 - 2	step forward rf, If
3&4	shuffle rf lf rf

5 - 6 step If forward, turn 1/2 to right weight on rf

7&8 turn 1/2 to right and shuffle back on If, rf, If (12 o'clock)

Section 2 STEP RIGHT, HOLD, STEP RIGHT, TOUCH, STEP LEFT, BACK RECOVER, STEP RIGHT, BACK RECOVER

1 - 2 rf to right, hold

&3-4 If next to rf, rf to right, touch If next to rf
5&6 If to left, rock rf behind If, recover on If
7&8 rf to right, rock If be hind rf, recover on rf

Section 3 1/4 TURN LEFT, 1/2 TURN LEFT, COUSTER STEP, ROCKING CHAIR

1 - 2 If turn 1/4 to left, 1/2 turn left step back on rf step If back, rf next to If, step forward If

5 - 6 rock rf forward, recover on If

7 - 8 rock rf backward, recover on lf (3 o 'clock)

Section 4 LOCK STEP DIAGONAL RIGHT & CHA2 LOCK, LOCK STEP DIAGONAL LEFT AND CHA CHA LOCK

1 - 2 rf diagonal right, lf behind rf

3&4 step rf diagonal, lf behind rf, step rf diagonal

5 - 6 If diagonal left, rf behind If

7&8 step If diagonal, rf behind If, step If diagonal

Section 5 MAKE 4 TIMES PADDLE INTO 3/4 TURN LEFT (6 o' clock)

1 - 2 rf forward, 1/4 turn left weight on lf (12 o 'clock)
3 - 4 rf forward,, 1/4 turn left, weight on lf (9 o'clock)
5 - 6 rf forward, 1/8 turn left, weight on lf (7.30 o 'clock)
7 - 8 rf forward, 1/8 turn left, weight on lf (6 o' clock)

Section 6 CROSS SAMBAS, CROSS, BACK, SIT BACK/ KNEE POP, RECOVER

1&2 rf cross over lf, lf to left, recover on rf 3&4. lf cross over rf, rf to right, recover on lf

5 - 6 rf cross over lf, lf step back

7 - 8 sit back on rf make knee pop on If, recover on If

Tag 8 count after wall 5

1 - 2 step forward rf, lf 3&4 shuffle on lf, rf, lf

5 - 6 rock If forward, recover on rf

7&8 back If, step rf next to If, step If forward

Last Update: 27 Aug 2024

