

# Fria

拍數: 32      牆數: 1      級數: High Beginner  
編舞者: Montse Bou (ES) - July 2024  
音樂: Fría - Enrique Iglesias & Yotuel



## No Tags / Restarts

### R HEEL GRIND, R COASTER, L HEEL GRIND, L COASTER

1-2      Touch R heel fwd with toes facing in, swivel toes out while turning  $\frac{1}{4}$  R (3:00)  
3&4      Step R back, Step L beside R, Step R forward  
5-6      Touch L heel fwd with toes facing in, swivel toes out while turning  $\frac{1}{4}$  L (12:00)  
7&8      Step L back, Step R beside L, Step L forward

### R ROCK FWD, RECOVER, SHUFFLE $\frac{1}{2}$ TURN R, L ROCKING-CHAIR.

9-10      Rock fwd on R, recover weight on L  
11&12      Make  $\frac{1}{2}$  turn R stepping fwd on R, step L next to R, step fwd on R (6:00)  
13-14      Step forward on L, recover back on R  
15-16      Step back on L, recover forward on R

### DIAMOND (HEXAGON) w. SHUFFLE

17-18      Cross L over R, step R to R side  
19&20      Shuffle Diagonal-back LRL (facing 11.00)  
21-22      Cross R behind L, step L to L side  
23&24      Shuffle Diagonal-forward RLR (facing 11.00)

### CROSS-SIDE, CROSS SHUFFLE, L STEP BACK W. $\frac{1}{2}$ TURN R, STOMP

25-26      Cross L over R (facing 12.00), step R to R side  
27&28      Cross-shuffle travelling to right side RLR  
29-30      Rock fwd on R, recover weight on L  
31-32      Step R back with  $\frac{1}{2}$  turn R, Stomp L beside R.

**Start again!**

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