

Going Up and Away

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Siggie Güldenfuß (DE) & Andrea Dorn (DE) - August 2024
音樂: Up up & Away - Jack Harris



Note: The dance begins after 16 counts when the singing starts.

S1: Dorothy step & heel & heel r./l.

- 1-2& RF step diagonally forward to the right, cross LF behind RF and RF step diagonally forward to the right
- 3&4 tap left heel forward, LF next to RF and tap right heel forward
- &5 RF next to LF and LF step diagonally forward to the left
- 6& cross RF behind LF and LF step diagonally forward to the left
- 7& tap right heel forward, RF next to LF and
- 8& tap left heel forward and LF next to RF

S2: Rock forward, shuffle back with ½ turn r., step, touch, kickball change

- 1-2 RF step forward, slightly raise LF and weight back onto LF
- 3&4 ¼ turn to the right RF step to the right (3:00), LF next to RF, ¼ turn to the right and RF step forward (6:00)
- 5-6 LF step forward, tap RF next to LF
- 7&8 kick RF forward, RF next to LF, slightly raise LF and weight back onto LF

Restart: At the 2nd wall (12:00) stop here and start the dance from the beginning.

S3: Side rock, behind-side-cross, side rock, sailor step with ¼ turn l.

- 1-2 RF step to the right, slightly raise LF and weight back onto LF
- 3&4 cross RF behind LF, LF step to the left and cross RF in front of LF
- 5-6 LF step to the left, slightly raise RF and weight back onto RF
- 7&8 ¼ turn to the left cross LF behind RF, RF next to LF and LF small step to the left (3:00)

S4: Walk r./l., kickball point r./l., walk r./l.

- 1-2 RF step forward, LF step forward
- 3&4 kick RF forward, RF next to LF and tap left toe to the left

Finish: At the 6th wall (3:00) stop here and dance a sailor step with ¼ turn to the left, RF step forward, then the dance ends at 12:00.

- 5&6 kick LF forward, LF next to RF and tap right toe to the right
- 7-8 RF step forward, LF step forward

S5: Rock forward, ¼ turn r. chassè, cross, side, behind & heel

- 1-2 RF step forward, slightly raise LF and weight back onto LF
- 3&4 ¼ turn to the right RF step to the right, LF next to RF and RF step to the right (6:00)
- 5-6 cross LF in front of RF, RF step to the right
- 7& cross LF behind RF and RF step to the right
- 8& tap left heel forward and LF next to RF

S6: Cross, hold & cross & cross, side rock, sailor step with ½ turn l.

- 1-2 cross RF in front of LF, hold
- &3 LF behind RF and cross RF in front of LF
- &4 LF behind RF and cross RF in front of LF
- 5-6 LF step to the left, slightly raise RF and weight back onto RF
- 7&8 ½ turn to the left cross LF behind RF, RF next to LF and LF small step to the left (12:00)

Restart: At the 5th wall (12:00) stop here and start the dance from the beginning.

S7: Step, toe touch back & heel & toe touch back & heel & heel & toe touch back & heel

- 1-2 RF step forward, tap left toe backward
- &3 LF next to RF and tap right heel forward
- &4 RF next to LF and tap left toe backward
- &5 LF next to RF and tap right heel forward
- &6 RF next to LF and tap left heel forward
- &7 LF next to RF and tap tight toe backward
- &8& RF next to LF and tap left heel forward and LF next to RF

S8: Rock forward, coaster step, rock forward, shuffle back with ½ turn l.

- 1-2 RF step forward, slightly raise LF and weight back onto LF
- 3&4 RF step back, LF next to RF and RF step forward
- 5-6 LF step forward, slightly raise RF and weight back onto RF
- 7&8 ¼ turn to the left LF step to the left (9:00), RF next to LF, ¼ turn to the left and LF step forward (6:00)

Finish: Sailor step with ¼ turn l.

- 5&6 ¼ turn to the left cross LF behind RF, RF next to LF and LF small step to the left
- 7 RF step forward

Dance, smile & have fun!

Last Update: 29 Aug 2024
