

Thousand Sad Reasons (一千个伤心的理由)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate NC
編舞者: Xiazhi Chen (CN) - September 2024
音樂: Thousand Sad Reasons (一千個傷心的理由) - Jacky Cheung (張學友)



Intro: 32 Counts
*1 Tag , 2 Restarts

Section 1 R Basic Step , 1/2 Spiral Turn, 1/4 Forward, Forward, Forward/Sweep, Weave/Sweep, Behind, 1/4 Forward

1 2& Step R to R , Step L behind R, Cross R over L
3 4& Step L slightly to L 1/2 turn R weight on L , 1/4 Turn R Step R forward, Step L forward (9:00)
5 Step R forward/sweep L from back to front
6&7 Cross L over R , Step R to R , Cross L behind R/ Sweep R from front to back
8& Step R behind L, 1/4 Turn L step L forward (6:00)

Section 2 R Dolothy, 1/8 Forward L,R,L, Forward/ Hitch, Back L,R, Touch back, 1/2 Rock

1 2& Step R to R diagonal, Step L lock to R, Step R to R diagonal
3 4& 1/8 Turn L stepping L forward, Step R forward, Step L forward (4:30)
5 6& Step R forward hitching L up, Step L back, Step R back
7 8 Touch L behind R, 1/2 Turn L weight on L (10:30)

Section 3 1/8 Side, Behind Side Cross, Side, Recover, Cross, 3/8 Diamond

1 2&3 1/8 Turn L step R to R, Cross L behind R, Step R to R, Cross L over R (9:00)
4&5 Step R to R, Recover weight on L, Cross R over L
6&7 Step L to L, 1/8 Turn R step R back, Step L back (10:30)
8&1 1/8 Turn R step R to R , 1/8 Turn R step L forward, Step R forward (1:30)

Section 4 Manbo Step/Sweep, Back/ Sweep, Back Together Forward, 1/2 Pivot, Full Turn

2&3 Step L forward, Recover weight on R, Step L back/Sweep R from front to back,
4 Step R back /Sweep L from front to back
5&6 Step L back , Step R next to L, Step L forward
7& Step R forward, 1/2 Pivot turn L weight on L (7:30)
8& 1/2 Turn L step R back, 1/2 Turn L step L forward (7:30)

***At the end of each wall make 1/8 turn L to start the dance again.

Tag & Restart 1 : On wall 4 after 16 counts (4:30) add 2 counts tag then 1/8 Turn R restart (6:00)

Tag: 2 Counts Forward, Recover

1 2 Step R Forward , Recover weight on L

Restart 2: On wall 7 after 28 counts add count"&": step L next to R, then turn 1/8 L restart the dance from the beginning (6:00) .

Enjoy!

Contact Email: 1075959938 @ qq.com