

Ooohh Feelin' Good

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
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音樂: The Politics of Dancing - Re-Flex



#32 count intro on hard beat (22 secs)

[1-8] STEP, TOUCH, KICK-BALL-CROSS (X2)

1-2 Step R to R diagonal, Touch L next to R
3&4 Kick L forward, Step L next to R, Step R over L
5-6 Step L to L diagonal, Touch R next to L
7&8 Kick R forward, Step R next to L, Step L over R

[9-16] STEP, SLIDE AND SHIMMY (X2)

1-4 Step R forward to R diagonal, Slide and shimmy L next to R for 3 counts
5-8 Step L forward to L diagonal, Slide and shimmy R next to L for 3 counts

****All Restarts here: Wall 3 (6:00), Wall 6 (12:00), Wall 9 (6:00), & Wall 13 (3:00)**

[17-24] HEEL-TOE SWIVELS, CLAP (X2)

1-4 Swivel heel-toe-heel to R, Clap
5-8 Swivel heel-toe-heel to L, Clap

[25-32] ¼ MONTEREY TURN, JAZZ BOX CROSS

1-2 Point R to R, Making ¼ turn R step R next to L
3-4 Point L to L, Step L next to R
5-6 Cross R over L, Step L back
7-8 Step R slightly to R, Cross L over R

REPEAT AND HAVE FUN !!!!!