

My Bar

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Cathy Snow (USA) - September 2024
音樂: My Bar - Priscilla Block



Intro: 16 counts

[1-8] R SIDE TOGETHER, SIDE SHUFFLE: L SIDE TOGETHER, SIDE SHUFFLE

1-2 Step R to R side, step L next to R
3&4 Shuffle to R side R, L, R
5-6 Step L to L side, step R next to L,
7&8 Shuffle to L side L, R, L

[9-16] R ROCK STEP; RECOVER L; SHUFFLE BACK R, L, R; ROCK STEP L, RECOVER R; SHUFFLE FORWARD L, R, L

1-2 Rock R forward, recover on left
3&4 Shuffle back R, L, R
5-6 Rock back on L, recover R
7&8 Shuffle forward L, R, L

[17-24] R SIDE ROCK, TRIPLE STEP; L SIDE ROCK, TRIPLE STEP

1-2 Side rock right; recover left
3&4 Triple step in place stepping right, left, right
5-6 Side rock left; recover right
7&8 Triple step in place stepping left, right, left

[25-32] CROSS, POINT, CROSS, POINT; ¼ TURN JAZZ BOX

1-2 Cross R over L (1), Point L to side (2) (12:00)
3-4 Cross L over R (3), Point R to side (4)
5-6 Cross R over L; Step back on L
7-8 Step R ¼ turn to R, Step L next to R

Contact: mrssno@email.com You could put in restarts but decided not to. Any demo video appreciated.
Thank you.