

Les copains d'abord

拍數: 32 牆數: 4 級數: Beginner
編舞者: Don Pascual (FR) - September 2024
音樂: Friendship First - Asleep At The Wheel



Start on the word "raft" (32 counts after the first upbeat)

A little tribute to the singer Georges Brassens who wrote the song "Les copains d'abord" in 1964. The song "Friendship first" is the English version.

Sect 1: R&L toe struts fwd, mambo R fwd, L&R back toe struts, sailor step L ¼ T,

1&2& R toe forward, drop R heel, L toe forward, drop L heel
3&4 Step R forward, recover onto L, step R backward
5&6& L toe backward, drop L heel, R toe backward, drop R heel
7&8 Cross L behind R, L ¼ T and step R to the R, step L forward

Sect 2: R side step, L beside R, triple step R fwd, L side step, R beside L, L back triple step

1-2 Step R to the R, bring L beside R
3&4 Step R forward, bring L beside R, step R forward
5-6 Step L to the L, bring R beside L
7&8 Step L backward, bring R beside L, step L backward

Sect 3: R back rock step, L ¼ T & R side toe strut, L back mambo, weave to the L, R heel-hitch-heel

1&2& Step R backward, recover onto L, L ¼ T & R toe to the R, drop R heel
3&4 Step L backward, recover onto R, step L forward
5&6& Cross R in front of L, step L to the L, cross R behind L, step L to the L
7&8 R heel forward (R diagonal), hitch R, R heel forward (R diagonal)

Style: counts 7&8, join your hands with your palms downward over your right knee. Lift up your hands as your knee comes up and lower your hands as your knee goes down.

Sect 4: Weave to the R, L ¼ T into a R side rock step, step R fwd, step L fwd, R ½ T, L side mambo

1&2& Step R to the R, cross L behind R, step R to the R, cross L in front of R
3&4 Step R to the R, L ¼ T & recover onto L, step R forward
5-6 Step L forward, R ½ T
7&8 Step L to the L, recover onto R, bring L beside R (slightly forward and weight on L)

Final:

Dance wall 10 (beginning facing 9 o'clock) and replace the last two counts "7&8" of the dance (L side mambo) with: Step L forward, R ½ T, step L forward (ending facing 12 o'clock)

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