

Laura

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Yuli Sucipto (INA), Shanty Dimas (INA), Theresia Komala (INA) & Nyoman Ulantari (INA) - September 2024
音樂: LAURA - From Laura Movie - Raissa Ramadhani



Intro 20 C

****2 Restarts, On wall 2 and 5 after 20& count with step change**

SECTION 1 : SWAY LRL, R NIGHT CLUB, TURN 1/2 L WITH SWEEP, WALK RL, FORWARD ROCK, BACK

1 2& LF side and sway to Left(1); sway to Right (2); sway to Left(&);
3 4& RF side to Right (3); Cross LF slightly behind RF (4); RF cross over LF (&)
5 6& 1/4 turn Left LF Forward with sweep RF (5); 1/4 Turn left (facing 6:00) RF forward (6); LF Forward (&);
7 8& RF forward rock (7); Recover weight on LF(8); RF back (&)

SECTION 2 : BACK WITH SWEEP, CROSS BEHIND, SIDE, CROSS WITH SWEEP, CROSS OVER, 1/8 TURN L BACK, BACK ROCK RECOVER, WALK LR, ARABESQUE, BACK THEN 1/8 TURN R , 1/2 TURN R FORWARD (12:00)

1 2&3 LF back with sweep RF from front to behind LF (1); RF cross behind LF(2); LF side (&); RF Cross over LF with sweep LF from behind to front (3)
4&5 LF Cross over (4); turn 1/8 Left RF step behind LF(&); LF back rock (5)
6&7 recover on RF (6); LF Forward (&); RF forward and lift LF back(7)
8& LF back then 1/8 turn R (8); 1/2 turn right (facing 12:00) RF forward (&);

SECTION 3: FORWARD WITH HITCH, BACK R L, TURN 1/4R, TURN 1¼LEFT (facing 12.00), PRISSY WALK RL, FORWARD ROCK

1 2&3 LF Forward with RF hitch (1); RF back (2); LF back (&); turn 1/4R RF side rock(3)
4&5 turn 1/4L LF recover (4); turn 1/2 Left RF behind(&); turn 1/2 left LF Forward facing 12.00 (5)

****** Restart here on wall 2 and 6 after 20& Count with step change RF closed next to LF**

Optional Restart after full turn facing 6.00

6 7 RF forward (6); LF Forward (7)
8& RF forward rock (8); recover on LF (&)

SECTION 4: BACK WITH DRAG, BACK, 1/4 TURN R CROSS ROCK, SIDE, CROSS ROCK, SIDE, UNWIND 1 ¼ TURN R, FORWARD, TOUCH

1 2&3 RF back with dragging LF(1); LF back(2); 1/4 turn right RF to side(&); LF cross rock (3)
4&5 recover on RF (4); LF side(&); RF cross rock (5)
6&7 recover on LF (6); RF side(&); LF cross and 1 ¼ turn right (unwind,facing 6:00) (7)
8& RF forward (8); LF touch next to RF(&)

Last Update: 20 Oct 2024