

Say Less

拍數: 32 牆數: 4 級數: Improver
編舞者: Silvia Schill (DE) - October 2024
音樂: Say Less - Brett Young



*1 Restart/Tag

The dance begins after 16 beats

Figure of 8 vine l turning ¼ r

- 1-2 Step to the right with the right - cross the left foot behind the right
- 3-4 ¼ turn to the right and step forward with the right - step forward with the left (3 o'clock)
- 5-6 ½ turn to the right on both balls of the feet, weight on the right at the end - ¼ turn to the right and step to the left with the left (12 o'clock)
- 7-8 Cross right foot behind left - ¼ turn to the left and step forward with the left (9 o'clock)

Chassé ¼ turn l, rock back l, chassé ½ turn r, back r, touch across

- 1&2 Step right foot to the right, place left foot next to right foot, making a ¼ turn to the left, step right foot backwards (6 o'clock)
- 3-4 Step left foot backwards, lift right foot slightly and put weight back on right foot
- 5&6 Step left foot to the left with a ¼ turn to the left, place right foot next to left foot, step left foot backwards with a ¼ turn to the right (12pm)

Restart/Tag: Stop here in the 5th round (12 am) and do a rock back dance. Put right foot back, lift left foot slightly and weight back left foot and start again

- 7-8 Put right foot back and tap left toes in front of right foot

Step l, ¼ turn l point forward r, snap, ¼ turn r, point side l snap, jazz box ¼ turn l, brush

- 1-2 Put left foot forward, tap right toes forward with a ¼ turn l / turn shoulders to the left (9 o'clock) while flicking both hands/fingers downwards
- 3-4 ¼ turn r, put right foot forward (12 o'clock) and tap left toes to the left while flicking both hands/fingers upwards
- 5-6 Swing left foot forward in a semicircle and cross in front of right foot, place right foot back with a ¼ turn l (9 o'clock)
- 7-8 Place left foot to the left and swing the right ball forward

Rock step r, shuffle ½ turn r, ½ turn r, ½ turn r, step, brush

- 1-2 Place right foot forward, lift left foot slightly and return weight to left foot
- 3&4 Place right foot to right with a ¼ turn r, place left foot next to right foot, place right foot forward with a ¼ turn r (3 o'clock)
- 5-6 Place left foot back with a ½ turn r, place right foot forward with a ½ turn r (3 o'clock)
- 7-8 Step forward with left foot, right ball swing forward

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