

M on the Dancefloor

COPPERKNOB
BYEPOSTHEETS

拍數: 32 牆數: 4 級數: High Improver
編舞者: Kim Liebsch (DK) - October 2024
音樂: Mord på dansegulvet by Rasmus Seebach (Sange fra Askepot)



Intro: 16 counts – Right after 2 claps (appr. 8 sec.)

Start with weight on L foot

#5 Restarts: 1) 0n wall 2 (*6:00) 4 (**12:00) 6 (**6:00) 8 (****12:00) 10 (*****3:00)
All Restarts after 16 counts (clap clap)

#1 section: Cross point, point, ¼ turn with hook, point, shuffle fw. rock recover

1-2 Cross point R over L, point R to R side 12:00
3-4 Make ¼ turn R while hooking R in front of L, point R to R side 3:00
5&6 Step fw. on R, step L next to R, step fw. on R 3:00
7-8 Step fw. on L, recover on R 3:00

#2 section: 2 X shuffle ½ turn, 3 X back, 2 X hold with clap

1&2 Make ¼ turn L stepping L to L side, step R next to L, make ¼ turn L stepping fw. on L 9:00
3&4 Make ¼ turn L stepping R to R side, step L next to R, make ¼ turn L stepping back on R 3:00
5-6-7 Walk back L-R-L (for styling grind heel when walking back) 3:00
&8 Hold with clap X 2 (*6:00)(**12:00)(**6:00)(****12:00)(*****3:00) 3:00

#3 section: Walk walk, shuffle fw. cross side, sailor step

1-2 Walk fw. R-L 3:00
3&4 Step fw. on R, step L next to R, step fw. on R 3:00
5-6 Cross L over R, step R to R side 3:00
7&8 Sweep/cross L behind R, rock R to R side, step L to L side 3:00

#4 section: Cross rock, ball cross side X 2

1-2 Cross R over L, recover on L 3:00
&3-4 Ball step R beside L, cross L over R, step R to R side 3:00
5-6 Cross L over R, recover on R 3:00
&7-8 Ball step L beside R, cross R over L, step L to L side 3:00

Good Luck & N'joy!

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