

Gloria

拍數: 32 牆數: 4 級數: Improver
編舞者: Amy Bell (NZ) - June 2024
音樂: Gloria (Glee Cast Version) (feat. Adam Lambert) - Glee Cast



Start on words Gloria

Section One - RIGHT SIDE SHUFFLE, KICK TOUCH, LEFT SIDE SHUFFLE, RIGHT HEEL, RIGHT TOE

- 1&2 Step RF to Right Side, Step LF Together with RF, Step RF to Right Side.
- 3-4 Kick LF Forward then Touch LF Down Next to RF (weight still on LF).
- 5&6 Step LF to the Left side, Step RF Together with LF, Step LF to Left Side.
- 7-8 Step Right Heel Forward, Step Right Toe Back.

Section Two - KICK, FLICK, STEP HOLD, CROSS ROCK RECOVER, TOGETHER, SIDE TOGETHER QUARTER

- 1-2 Kick LF Forward Then Flick LF Backward.
- 3-4 Step LF Forward, Hold.
- 5-6 Cross Rock LF over RF, Recover Back onto RF.
- 7&8 Step LF to the Side, Right Together with LF Stepping Quarter Left Stepping Left Foot Forward.

Section Three - V STEP, STEP LOCK STEP SIDE

- 1-4 Step RF Forward Out to Right Angle, Step LF Forward Out to Left Angle, Step RF Back, Touch LF Back Together with RF.
- 5,6,7,8 Step Forward on LF, Lock RF behind LF, Step Forward on LF, Step RF to the Right Side.

Restart Here on Walls 5 and 10 after words

"Leave him hanging on the line Calling Gloria"

Section Four - CROSS ROCK RECOVER, LEFT SIDE SHUFFLE, 2x QUARTER PADDLE TURNS

- 1-2 Cross Rock LF over RF, Recover on RF.
- 3&4 Step LF to the Side, RF Together with Left, LF to the Side.
- 5-6 Step RF Forward while Swaying Right Hip Forward, Turn ¼ Turn Swaying Left Hip to Left (Weight on LF).
- 7-8 Step RF Forward while Swaying Right Hip Forward, Turn ¼ Turn Swaying Left Hip to Left (Weight on LF).

FOR ENDING: Finish dance with 2 Final Stomps on the RF on the words Gloria

ENJOY THE DANCE!

Submitted by: Phoenix Adamson - Email: phoenix_adamson09@hotmail.com